

# Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

## NANSEN NEWS



Volume 92 , 9 Issue

October 2022

**"2020 Sixth District Small Lodge of the Year"**

*Ord Fra Presidenten...*

*God høst(Happy Fall)!*

*We are so excited to have the Scandia Dancers provided a fashion show at our Tea. On October 8<sup>th</sup>.*

*We need everyone's help. Please sign up to be a table hostess, help with set up, clean-up and any extra tasks.*

*Remember to bring socks and sundry items to take to the Long Beach Mission.*

*In November will be a potluck- Last names from A to G bring Salad/ H to O bring Main Dish/P to Z bring desserts.*

*Med vennlig hilsen, Best Regards,*

*Phebe*



## SONS OF NORWAY

Our next meeting is on  
Saturday October 8, 2022

at **12:00 pm** at:

Christ Lutheran Church  
6500 East Stearns Avenue  
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

*We welcome everyone of all ages. You do not have to be Norwegian!*

TEA AND BUNAD FASHION SHOW

BEFORE 10/1/2022 DONATION \$15.00

AFTER DONSTION \$20.00

PLEASE RSVP TO TROANN (714) 928-5975



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2020  
Officers**

President:	Phebe Friconi	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Troann Loy	(714) 963-4830
Secretary:	Terry Lord	(714) 830-8647
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Publicity	Martha Green	(949) 322-8385
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Friconi	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	

**Happy Birthday to our US Navy**



**247<sup>th</sup> Anniversary**

***Ask Pat Kelly:***

I have wonderful news for our members. Our investment products just increased their interest rates. The difference with investing your money with Sons of Norway are:

- 1) Guaranteed Safety of Principal
- 2) Guaranteed Minimum Interest Rates
- 3) Guaranteed Income for Life
- 4) High Current Interest Rates
- 5) Tax Deferred Accumulations
- 6) No Sales Charges
- 7) No Annual Service Fees
- 8) Penalty Free RMD Withdrawals for IRS's
- 9) Penalty Free Withdraws Beginning in Year Two
- 10) Safety and Security with over 120 years of Experience

Our **Financial Benefit Counselor Pat Kelly**

Phone: (818) 986 -7199  
 Cell: (818)667-6627  
 Fax: (818) 905-5785

**Vestland: When People Dream  
of Norway**

Commanding over 13,000 square miles of majestic mountains, meandering fjords, and historic habitations, Vestland is a dreamscape of a county. A land of giants, it features the largest glacier in Europe which feeds Norway's tallest waterfall. The westernmost point of Norway proper is on a tiny island far out to sea from the mouth of the Norway's longest fjord, Sognefjorden. It is less than 200 miles east of the Shetland Islands of Scotland.

# ***Minutes from our Lodge Meeting***

**Fridtjof Nansen Lodge #6-009**

### ***A Bit of Humor:***

***"Is your wife, Lena economical?" asked Sven. "Oh, Ya," said Ole, "sometimes she is economical. Yust last night she had only twenty nine candles on her fourtieth birthday cake.***

***"Lena was visiting the big city for the very first time. She noticed on the front of a high building, a big, glaring sign, which read:***

***"The Olson Manufacturing CO." "Laws-a-mercy," She remarked, "'I've heard of Olson's all my like, but I never knew where dey vere made!"***

### **Membership Dues:**

Single Membership is \$60  
Family Membership is \$95

**[www.nansenlodgelongbeach.com](http://www.nansenlodgelongbeach.com)**

**Check out our website. . .**

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.

### ***Kalendaren – Calendar***



OCTOBER

8 – Lodge Meeting Bunad Fashion Show and Tea. Please call to RSVP

Troann at (714) 928-5975

9- Lief Erickson Day

10 – Columbus Day

13 – US Navy Birthday

31 – Halloween



### ***This Month's Birthdays. . . Gratulerer Med Dagen***



October

1 – Darlene Letnes

3 – Kirsten Roberts

23 – Betsy Ansorge

21 – Shelly Hamagishi

24 – Drossy Tuggle

27 – Alexander Hamagishi

## **Camp Norge. . .**

Sons of Norway Recreation Center  
2560 Canyon Mine Road (P.O. Box 622)  
Alta, CA 95701  
Telephone: 530-389-2508  
campnorge@yahoo.com

*“A little bit of Norway in the  
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

**Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.**



Leif Erikson . . .

was a [Norse](#) explorer who is thought to have been the first European to have set foot on continental [North America](#), approximately half a millennium before [Christopher Columbus](#).<sup>[6][7]</sup> According to the [sagas of Icelanders](#), he established a [Norse settlement](#) at [Vinland](#), which is usually interpreted as being coastal North America. There is ongoing speculation that the settlement made by Leif and his crew corresponds to the remains of a Norse settlement



### **Per Pettersen Picked a Peck of Pickled Pumpkins**

As autumn winds down into winter, Norwegians stock up their pantries with the final harvests of vegetables and fruits in the form of canned preserves. Though an uncommon vegetable in Norway, Pickled Pumpkin is a traditional treat featured on “koldtbord” tables, the menus of fine hotels, and on mom’s dinner table. Get out your canning jars and try this recipe for “Syltet Gresskar” found on [arcticgrub.com](http://arcticgrub.com).

#### **Ingredients:**

2 pounds of pumpkin – cleaned, peeled and diced into cubes  
2 cups apple cider vinegar  
1 cup water  
3 cups sugar  
  
1 tsp. salt  
3 Tbsp. fresh ginger, chopped  
15 whole cloves  
10 whole allspice berries  
2 cinnamon sticks  
1 – 2 bay leaves  
1 vanilla bean pod (optional)  
1 whole chili pepper (optional)

**Directions:**Bring the vinegar, sugar, water, ginger and spices to a boil in a large pot. Add the diced pumpkin. Bring down to a simmer and cook until the pumpkin pieces are clear and tender, which should take 3-4 minutes. Using a slotted spoon, scoop out the pumpkin bits and place into the prepared canning jars.

Continue boiling the liquid until it thickens, about 15 minutes. Pour the liquid over the pumpkin in the canning jars, screw on the lids, and let sit in room temperature overnight. Keep the jars in a cool and dark spot until ready to use!



## Flower Sales Increasing

Flower sales have increased during the Covid-19 pandemic. We're sending flowers both to ourselves and those we love.

We've ordered more flowers during the Corona crisis. There has been a tenfold increase in the number of orders at Interflora. At Mester Grønn, there has been an increase of 200 percent. Interflora has 370 stores in Norway. Mester Grønn has 130 stores.

"Flowers convey feelings and thoughts. They enhance the experience of being seen and feeling valued," Kjetil Hans Løken tells NRK. Løken is the general manager of Interflora Norway.

Løken says that Interflora experienced double the flower orders in mid-March [2020]. Then came the strict lockdown rules. In the last two weeks [of April 2020], there has been a tenfold increase.

"We are talking about 10,000 deliveries per day," says Løken.

Erling Ølstad is a florist for Mester Grønn. Mester Grønn is noticing that many people are ordering flowers for themselves at home. They want to decorate their homes, but do not want to go out shopping.

"We have never seen this before," says Ølstad.

The corona crisis means that there may be a shortage of certain flowers. Therefore, tulips, daffodils and bulb flowers are mostly being ordered. These are Norwegian goods.



## Trolling the Internet

Through the magic portal of Netflix, an ancient Nordic creature is scheduled to awaken and wreak havoc on our screens and imaginations. Director Roar Uthaug's much anticipated film, "Troll" is set to stream into homes sometime in 2022.

Born in Lørenskog, about 11 miles west of Oslo, Uthaug is known as the director of 2018's "Tomb Raider" and the Norwegian thriller "Bølgen" - "The Wave" inspired by the real life Talfjord tsunami of 1934. Of his newest cinematic venture, Uthaug muses, "Troll is an idea that has been developing in the back of my mind for over 20 years. To finally realize it with the enthusiastic and ambitious people at Netflix and Motion Blur is truly a dream come true. I can't wait to unleash this Norwegian monster on the world."

According to Variety magazine, the film's eponymous creature is awakened from a deep sleep under the mountains of Dovre. Understandably crabby, it explodes out of the earth and pounds its way towards Oslo, destroying everything in its path.



Long Beach, CA  
Established - June 5th, 1930

Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership. Go to

[www.sofn.com](http://www.sofn.com)

We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time.

Bring you pop tabs to the Greeting table at the lodge meeting.



The mission of District Six is to support Sons of Norway through communication, resources and opportunities.

### FACEBOOK PAGE

Thanks to our new member Brad Madiuk – Fridtjof Nansen Lodge has a Facebook page.

Yea! Check it out and enjoy. Here's the Facebook page: <https://www.facebook.com/longbeachsofn>

Any suggestions let me know.

Bunad Fashion Show and Tea Luncheon  
Saturday October 8, 2022 at 12:00pm to 3:00 pm  
Christ Lutheran Church - 6500 E. Stems - Long Beach, CA  
RSVP Contact: Troann Loy (714) 928-5975  
Donation of \$15.00 after 10-1-2022 \$20.00

Happy Halloween!



Fridtjof Nansen #6-009 Long Beach, CA  
[www.nansenlodgelongbeach.com](http://www.nansenlodgelongbeach.com)  
[www.sofn6.com](http://www.sofn6.com)  
[www.facebook.com/longbeacchsofn](http://www.facebook.com/longbeacchsofn)

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