

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 92 , Issue 2

February 2022

Ord Fra Presidenten...

Sorry we did not meet in January but I hope we errored on the side of safety. We now hope we will be safe meeting in February. I am looking forward to Martha's Program on Trolls.

The June convention will be here before we know it. I believe we will have 3 delegates. Think if you would like to go to Mesa, AZ in June 2 to 5 representing our Lodge Our theme will be "Celebrating our Roots." Let me know.

Med vennlig hilsen, Best Regards, Phebe



SONS OF NORWAY

Our next meeting is on Saturday
at 12:00 pm on: **February 12, 2022**

Christ Lutheran Church
6500 East Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

Since we did not meet last month:

MARTHA GREENE will present a program
on **TROLLS**. You will enjoy this program
and learn something too.

**FOOD WILL WE PROVIDED BY THE
BOARD.**



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

2020 Officers

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Troann Loy	(714) 963-4830
Secretary:	Terry Lord	(714) 369-2420
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	

Share your love of Norwegian heritage and culture

In 2022 our Recruitment Challenge theme is “Share Nordic Culture & Heritage.” When you recruit at least one new adult member (age 16+) and provide your member number at the time they enroll, you’ll receive this limited-edition 2022 Recruiter pin. Supplies are limited. Don’t miss out—invite a friend to join today!



Celebration as Troms and Finnmark Break Up

In early January 2020, 19 counties in Norway were merged into 11. Two of the counties that were merged were Troms and Finnmark. Since the merger, there have been major protests and loud opinions. In May 2020 the two municipalities submitted an application for “divorce.” The desire to separate was one thing that the two sides definitely agreed on during their time together.

When the new government in Norway presented their platform in the first half of October, they confirmed that the county merger between Troms and Finnmark can and will be dissolved. Both parties rejoiced! Wenche Pedersen, mayor of Vadsø, believes that this was the right decision and that they will now use the political power from the result to take back the regional democracy in Finnmark. County council leader Bjørn Inge Mo states that they are well prepared for the division and is satisfied that the new government delivered what they promised to the people.



Ask Pat Kelly:

I have wonderful news for our members. Our investment products just increased their interest rates. The difference with investing your money with Sons of Norway are:

- 1) Guaranteed Safety of Principal
- 2) Guaranteed Minimum Interest Rates
- 3) Guaranteed Income for Life
- 4) High Current Interest Rates
- 5) Tax Deferred Accumulations
- 6) No Sales Charges
- 7) No Annual Service Fees
- 8) Penalty Free RMD Withdrawals for IRS's
- 9) Penalty Free Withdraws Beginning in Year Two
- 10) Safety and Security with over 120 years of Experience

Our **Financial Benefit Counselor Pat Kelly**

Phone: (818) 986 -7199

Cell: (818)667-6627

Fax: (818) 905-5785



Dear District Six members,

This November, we will begin sending important information to the lodges regarding our District Lodge Meeting and Convention in Mesa, Arizona, June 2 -June 5, 2022. The theme of the convention is “Celebrating our Roots.” The cultural program will focus on our genealogy, and other activities will focus on our shared “roots.” All local COVID guidelines will be followed during the event.

Your lodge will receive information regarding choosing delegates. All lodges receive two delegates, and some lodges receive additional delegates based on their lodge membership. All members of a lodge are eligible to attend. The Charter and Constitution states that all delegates must be elected, but all members may attend the convention as a guest, if not elected as a delegate. The district doesn’t pay for you to attend the convention, nor do most lodges. However, some lodges do provide some compensation to their delegates. Many lodges have fundraisers to assist their delegates with expenses. The costs for the delegate package, guest package, and the hotel room will be posted on the District Six website.

Please consider being a delegate. Have someone in your lodge nominate you when your lodge votes for delegates. Also, at the convention, we will elect delegates to the International Convention that will be held in Minneapolis. To be an international delegate, you must own a Sons of Norway Financial product, which is not a requirement for the district convention.

Why go to convention? There are many reasons to go to the District Lodge Meeting and Convention which include: representing your lodge, learning more about Sons of Norway, meeting and networking with members from other lodges. This convention, we are going to make an effort for you to connect with other people who may share the same Norwegian connection that you may have. Wouldn’t be crazy to meet a relative at the convention. It has happened!

There will be more information coming this month from our District Secretary, Nancy Madson, as well as information on an “early bird” sale for greetings/ads for our convention book.

I hope to see many of you at our District Six Lodge Meeting and Convention in Mesa, Arizona.

Fraternaly,
Luella Grangaard

A Bit of Humor:

The teacher called Lena on the phone and said, "I'd like to talk to you about Little Ole, Mrs. Olson." "Noting doin'" yelled Lena. "I had him all summer and not vunce did I call yew."

For years Lena was a women's libber and one day she told Hilda, "For months I couldn't imagine vere Ole spent his evenings." "And den vat happened?" asked Hilda. "Vell," Lena replied, "vun evening I vent home and dere he vas!"

Membership Dues:

Single Membership is \$60
Family Membership is \$95

www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.
Tusen Takk to Roni Lion for keeping our
website running.

Kalendaren – Calendar



February

- 2 – Groundhog Day
- 14 – Valentine's Day
- 21 – Presidents' Day

March

- 13 – Daylight Saving Time Begins
- 17 – St. Patrick's Day



- 20 – First Day of Spring

This Month's Birthdays. . . Gratulerer Med Dagen



FEBRUARY

- 5 – Phillip Knudsen
- 13 – Jeanne Paige-Peterson
- 21 – Al Dimas
- 28 – Heidi Ansorge

Camp Norge. . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*"A little bit of Norway in the
Sierra Mountains at Alta, CA"*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.



Historical Sámi Document Goes Home

A document from 1751 ensures that Sámi can move reindeer across national borders. Now the Sámi «Magna Carta» has come home to Kautokeino.

King Harald will be present when the "Lappekodisillen" is handed over to the Sámi Archive in Kautokeino. The 270-year-old document has been crucial in determining Sámi rights and is still in effect today.

"It is a symbolic day, and it fits into a tradition of returning both documents and also cultural objects that mean something to indigenous peoples, back to them," law professor Øyvind Ravna said to NTB.

Reduces Disadvantages

The document was created as an addition to the border treaty that was negotiated between Denmark-Norway and Sweden in 1751.

The document is the first international law and bilateral treaty given to protect the Sami as a minority and indigenous peoples in Norway, the professor says.

"The Codisil is a child of the Enlightenment where the Sámi were considered a separate people who had the right to 'future existence,' i.e. that they should not be assimilated into the Norwegian and Swedish state, as the policy would be later," says Ravna.

The King is In The Hall

When the document is officially transferred to the Sámi during a ceremony in Kautokeino on Tuesday, outgoing Sámi Parliament President Aili Keskitalo will receive it.

"It will be a very special event when His Majesty the King himself comes to contribute to this event. I think I put it in a very symbolic context, because at the time the Lapp codicil came into being, there were autocratic rulers in the Nordic countries," says Keskitalo.

Kjøttkaker i brun saus – Meatballs with brown gravy

2-3 servings

Meatballs/Kjøttkaker

400 grams/14,1 ounces beef minced
meat

1 tsp. salt 1/4 tsp. pepper

1/4 tsp. ground nutmeg

2 Tbsp.s potato flour/starch

1.5 dl/0,6 cups water or milk (I used
water)

Brown gravy / Brun saus

4 Tbsp.s butter

4 Tbsp.s wheat flour

1 liter/33,8 ounces broth (meat broth
cube, or "real broth)

1/2 tsp. salt

1/4 tsp. pepper

Mushy peas/Ertestuing

1 package of frozen peas (400 grams/14,1
ounces)

1 dl/0,4 cup meat broth (made with
bouillon)

1 Tbsp. butter

1/4 tsp. pepper

Use lingonberry jam, but cranberries also
work nicely. Hard boiled potatoes
(plenty)



World's Longest Undersea Power Cable is Now Operational

The world's longest undersea electricity cable between Norway and the U.K. is now operational. The interconnector, known as the North Sea Link, was a joint venture between British company National Grid and Norwegian power operator Statnett. The cable spans 450 miles and connects Kvilldal in Norway with Blyth in Northumberland. At full capacity, 1.4 million homes can be supplied by hydro-power. National Grid Ventures president Cordi O'Hara said it was a "remarkable feat of engineering...we had to go through mountains, fjords and across the North Sea."

This project will help the U.K. reduce about 23 million tons of carbon emissions by 2030. It is truly beneficial for both parties as extra renewable power will be exported to Norway when wind generation is high in the U.K. but energy demand is low. This will help Norway conserve water in their reservoirs. All in all, this venture is "a great example of two countries working together to maximize renewable energy resources for mutual benefit."





Long Beach, CA
Established - June 5th, 1930

Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership. Go to

www.sofn.com

We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time.

Bring you pop tabs to the Greeting table at the lodge meeting.



The mission of District Six is to support Sons of Norway through communication, resources and opportunities.

FACEBOOK PAGE

Thanks to our new member Brad Madiuk – Fridtjof Nansen Lodge has a Facebook page.

Yea! Check it out and enjoy. Here's the Facebook page: <https://www.facebook.com/longbeachsofn>

Any suggestions let me know.



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