

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 91, Issue 6

June 2021

Ord Fra Presidenten...

Hip, Hip Hurray we will meet inside for our next meeting! The Church has opened up for inside worship and meetings.

Johan Olsen will tell us his story of the invasion of Norway during WWII. You will not want to miss that. The board will be providing lunch. Strict Covid restrictions will be observed. We are asking you to wear a mask except when eating.

Think about if you would like to meet in July and August? We usually do not meet those two months. Would you like to meet just in July or just in August? Or meet both months. Your board will be meeting right after the meeting ends. We will let you know what is decided. I am excited to see you all again.

Med vennlig hilsen, Best Regards, Phebe



SONS OF NORWAY

Our next meeting is on Saturday

June 12, 2021 at **12:00 pm** at:

Christ Lutheran Church
6500 East Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

We are meeting in our church.

Yea!

John Olsen will present his program on the invasion of Norway during WWII. Food will be provided.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2020
Officers**

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Troann Loy	(714) 963-4830
Secretary:	Terry Lord	(714)369-2420
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	

The Century Club is becoming part of the Recreation Center Board . . .

Both boards are meeting and working out the details for this to happen; how to move the Century Club to the Recreation Center Board. That the Century Club continue to its name and become a committee of the Recreation Center Board. The Rec Board can decide how they want to identify it either within their Bylaws or simpler yet within their policies.

Camp Norge. . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*“A little bit of Norway in the
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.

Ask Pat Kelly:

I have wonderful news for our members. Our investment products just increased their interest rates. The difference with investing your money with Sons of Norway are:

- 1) Guaranteed Safety of Principal
- 2) Guaranteed Minimum Interest Rates
- 3) Guaranteed Income for Life
- 4) High Current Interest Rates
- 5) Tax Deferred Accumulations
- 6) No Sales Charges
- 7) No Annual Service Fees
- 8) Penalty Free RMD Withdrawals for IRS's
- 9) Penalty Free Withdraws Beginning in Year Two
- 10) Safety and Security with over 120 years of Experience

Our **Financial Benefit Counselor Pat Kelly**

Phone: (818) 986 -7199
Cell: (818)667-6627
Fax: (818) 905-5785

Norway's Self-Proclaimed "Time-Free Zone"

The small northern-Norwegian island of Sommarøy made a splash in the summer of 2019 with its proclaimed intent to declare itself "the world's first time-free zone." The effort was aimed at generating conversation and drawing tourists to the area, where the midnight sun shines all night long from mid-May to late July.

A campaign video for the cause features footage of locals enjoying the golden sunlight, and is narrated by Sommarøy resident Kjell Ove Hveding, using air quotes to emphasize the irrelevance of standard notions of time:

*We do what we want when we want.
If you want to paint your house at "2am" it's ok.
If we want to cut the grass at "midnight" we will.
If we want to take a swim at "4am" we will.*

Want to know more about this tongue-in-cheek effort that made headlines around the world? You can view the video online by typing bit.ly/3rA8X4L into your internet browser. While you're there, you can also connect with the Time-Free Zone Facebook profile (@TimeFreeZone) to practice your Norwegian language skills and view more content from the publicity campaign.



Buying a pig in a poke and not knowing beans about it

He is Muslim and does not eat pork. Nevertheless, he called his debut book "Griseflax." [pig's luck, used like the English expression "lucky duck!"] The title could not be more fitting, according to the author himself.

Ali Mohamed came alone as a resettlement refugee from Somalia to Norway in 2012. He quickly integrated and eventually got a job as a bilingual assistant at Bamble upper secondary school in Vestfold og Telemark county, the newspaper *Varden* says. Even though his Norwegian improved, he struggled to keep up in social situations. Mohamed quietly sat in the staff lounge while his colleagues talked. He understood many words, but could not put them in context or understand the Norwegian expressions.

The spice of language

What in the world do Norwegians mean when they say that something goes right past their house [goes right over their head]? Or when they say they bought a cat in a bag [a pig in a poke]?

Book and YouTube channel

Eventually, Mohamed learned what the Norwegian expressions mean and how they originated. He decided to write a book on the subject for students in elementary school, adult education and high school. Griseflax! can be used by teachers or for independent study. A YouTube channel has also been developed that contains videos where words and expressions are explained in Somali.

Mohamed spent two years collecting Norwegian expressions and explaining them to readers. No publisher would accept the book, so he published it himself. Now he hopes the book will be an inspiration and support for teachers and students.

A Bit of Humor:

A man is pulled over by a police officer for a broken headlight. The cop looks in the car and sees a collection of knives on the backseat. "Sir," he says. "Why do you have all those knives?" "They're for my juggling act," the man replies. "Prove it," says the cop. The man gets out of the car and begins juggling the knives just as Sven and Ole drive by. "Cripes," says Ole, "I'm glad I quit drinking. These new sobriety test look pretty hard."

"I am sorry to hear dat your fadder passed away, Lena" commented Hilda.

"Ya, he died and left me four tousand dollars to buy a stone tew remember him by." replied Lena.

Isn't dat a new diamond yew are veering, Lean?"asked Hilda.

"Vell ya," said Lena. "Dat's da stone I yust bought tew remember him by."



www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.

Kalendaren – Calendar



June

12 – Lodge Meeting

14 – Flag Day

20 – Father's Day and



First Day of Summer

This Month's Birthdays. . . Gratulerer Med Dagen



JUNE

15 – PAT LAMPE

2020 SONS OF NORWAY FOUNDATION RECAP 2020

It was a great year for the Sons of Norway Foundation. Our lodges and members responded throughout the year, and especially during the Together We Are the Future campaign. The Sons of Norway Foundation Board of Governors thanks you for your incredible support. Members and lodges donated \$391,615. • Encourage members to apply for scholarships and grants • Support the mission of the Foundation Remember: The Foundation is here for you . . . for the good of the order.



Have you shared the news?

It's time to invite new members to explore Nordic heritage & culture by joining our Sons of Norway family!



SONS of NORWAY

Nordic-inspired Wedding Celebrations

Nordic wedding themes can run the gamut of eras and styles. With just a few elements, you can create a unique event that is just right for the wedding couple. Old Norse clothing and foods (drinking horn of mead, anyone?) from the Viking age may be a part of your celebration. Or perhaps you'd like to honor more recent ancestors with traditional *bunads* for the wedding party. Favorite treats like lefse and a towering *kransekake* decorated with Norwegian flags could grace your reception. If the clean lines of modern Scandinavian design appeal, then natural wood serving pieces, simple floral centerpieces and a scattering of white candles provide a cozy atmosphere.

If you or a family member are dreaming of a Nordic-inspired wedding, here are more ideas to spark your creativity!

- Choose a venue with Nordic décor. There are Sons of Norway lodge buildings that incorporate Norwegian style across North America, as well as Stave Church replicas and hotels with Scandinavian flair, for a modern look.
- Create a wedding invitation that incorporates rosemaling or a Norwegian landscape background in the design. You can repeat these elements in other decorations.
- Assign reception table names based on locations in Norway. Add table decorations such as Norwegian wood carvings, pewter or rosemaled pieces. And you can make traditional Norwegian heart-shaped woven baskets called *julekurver*. Filled with nuts or candies, they are a nice gift for your guests.

Looking for more ideas? The July 2013 *Viking* in the online magazine archive at sonsofnorway.com features the weddings of 4 couples, including that of current International President Ron Stubbings and Riitta Huttunen.



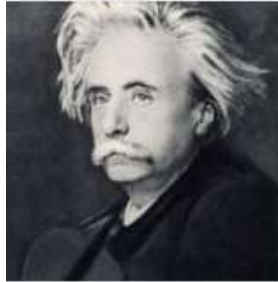
Happy Birthday, Edvard Grieg!

Born June 15, 1843 in Bergen, Edvard Grieg became Norway's most celebrated composer. He is recognized as an important figure in the Romantic era of music in the 19th century.

His musical education began at the young age of 6 under the tutelage of the best piano teacher in town, his highly educated mother, Gesine Judithe Hagerup. His father Alexander Grieg was also very successful, running the family business as a merchant of dried fish and lobster.

When Grieg was 15, famed violinist Ole Bull paid the family a visit and was very impressed with his young relative's musical skills. On Bull's recommendation, Grieg went to study at the prestigious music conservatory in Leipzig, Germany.

Grieg became an established and respected composer in his lifetime. He expressed the vibrant beauty and heritage of Norway through his music, a legacy that lives on today.



Maynard Solomonson's Prize-Winning Flatbrød

Maynard's mother made flatbrød (flatbread) for many years and he demonstrated it at several of Vennekretsen's Nordic Heritage Fests (lodge 1-559, in Anoka, MN). He would also make batches of it to sell at the annual Meatball/Torsk dinner bazaar and it would sell out right away—members made it a point to be there early enough to buy a couple of bags!

Ingredients:

- 3 cups white flour
- 1 cup whole wheat flour
- 1 cup sugar
- 1/2 cup butter, melted
- 1 1/2 cups buttermilk
- 1 tsp. baking soda
- 1/2 tsp. Salt

Directions:

Mix flours, sugar, soda and salt together. Add melted butter and then buttermilk. If too sticky, add small amount of flour. Make dough balls golf ball size. Roll out until thin. Bake on lefse grill at 375-400 degrees until you see brown spots showing on bottom. Flip over until light brown spots. Put into oven set at 200 degrees until dry or convection oven at 175 degrees. If you have a dehydrator, leave in until crisp.



Long Beach, CA
Established - June 5th, 1930

Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership. Go to

www.sofn.com

We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time.

Bring you pop tabs to the Greeting table at the lodge meeting.



The mission of District Six is to support Sons of Norway through communication, resources and opportunities.

FACEBOOK PAGE

Thanks to our new member Brad Madiuk – Fridtjof Nansen Lodge has a Facebook page.

Yea! Check it out and enjoy. Here's the Facebook page: <https://www.facebook.com/longbeachsofn>

Any suggestions let me know.

Happy FATHER'S Day



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www.nansenlodgelongbeach.com
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