

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 90, Issue 10

October 2020

Ord Fra Presidenten...

I was great seeing all of you that came by our Norwegian Treat drive by. Hope you enjoyed your goodies. We want you to know we are doing all we can to keep in touch with all our members.

Your executive board met on August 8th. We met at Los Altos Park practicing social distancing. We were talking loud and sure the park goers heard our business. HA! We tried to plan 2021 monthly events; hoping we will be able to start meeting again in January 2021.

There is another Board meeting 10/10/2020 at 10:00 am at Los Altos Park.

*Med vennlig hilsen,
Best Regards, Phebe*



SONS OF NORWAY

Christ Lutheran Church
6500 East Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

**No meeting in October.
Stay safe and Health.**



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2020
Officers**

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Troann Loy	(714) 963-4830
Secretary:	Barbara Shepard	(714) 655-5507
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	

Show Your Nordic Pride This Foundation Month!

October is Foundation Month, which is a great opportunity to show your Sons of Norway pride! Gifts to the Sons of Norway Foundation showcase our Nordic culture and humanitarian spirit through grants, and highlight our passion for education through scholarships.

Now more than ever, it's important that we all be a part of something bigger. You can make a difference by giving to the Sons of Norway Foundation this fall. Learn more about the Foundation online at sofn.com/foundation.

Ask Pat Kelly:

I have wonderful news for our members. Our investment products just increased their interest rates. The difference with investing your money with Sons of Norway are:

- 1) Guaranteed Safety of Principal
- 2) Guaranteed Minimum Interest Rates
- 3) Guaranteed Income for Life
- 4) High Current Interest Rates
- 5) Tax Deferred Accumulations
- 6) No Sales Charges
- 7) No Annual Service Fees
- 8) Penalty Free RMD Withdrawals for IRS's
- 9) Penalty Free Withdraws Beginning in Year Two
- 10) Safety and Security with over 120 years of Experience

Our **Financial Benefit Counselor Pat Kelly**

Phone: (818) 986 -7199
 Cell: (818)667-6627
 Fax: (818) 905-5785

Camp Norge . . .

Sons of Norway Recreation Center
 2560 Canyon Mine Road (P.O. Box 622)
 Alta, CA 95701
 Telephone: 530-389-2508
 campnorge@yahoo.com

*"A little bit of Norway in the
Sierra Mountains at Alta, CA"*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.



2020

Pandemic Pin by Penny

To benefit Camp Norge

An “Annual Tradition” at our Northern, Central and Southern California Kretsstevner since **1976**, this special **44th Anniversary Pin** is available for purchase.

Even though we cannot “gather together” at a Kretsstevne, we can still support our special Camp.



Please contact your Registrar to order a pin(s) to be sent to you. Minimum \$5.00 donation each for these collectable pin(s) incl. postage

NCK—Tove Lise Miller tovelise@aol.com 916-364-8704

CCK—Kristine Pilkington kristinepilkington@hotmail.com
805—965-0309

SCK—Nancy Madson Norsknm@gmail.com 760-343-0848

Payment by check, to District Six, or by cash upon receipt of pin(s)!
Tusen Takk!!

A Bit of Humor:

Ole and Swen met a Nun one day with a broken arm,. "Vat happened tew your arm?" asked Ole. "I slipped in the bath tab." She replied. As they walked on, Sven said to Ole, "Vat's a bath tub?" "Vell, don't ask me!" replied Ole. "I'm not a Catholic."

"Is your wife, Lena economical?" asked Sven. "Oh, Ya,"sometimes she is economical. Yust last night she had only twenty nine candles on her fourtieth birthday cake."

"Ole says, "Nobody can cook like my wife, Lena, but dey came pretty close to it in da Army!"



www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.

Kalendaren – Calendar



OCTOBER

9 – Leif Erikson

10 – NO LODGE MEETING

12 – Columbus Day

31 - Halloween

This Month's Birthdays. . . Gratulerer Med Dagen



October

1 – Darlene Letnes

3 – Kirsten Roberts

9 – Lief Erickson Day

10 – Fridtjof Nansen

24 – Martha Green

24 – Drossy Tuggle

27 – Alexander Hamagishi

An Announcement on the 2022 International Convention

I am writing this to inform you that the International Board held a meeting to discuss the 2022 convention. It was duly Moved, Seconded, and CARRIED that the 2022 convention be held in the greater Minneapolis/St. Paul, Minnesota area. Much discussion, and several meetings, were held to reach this decision. It was not an easy decision to reach, but the board does have a fiduciary responsibility to the organization, and it was calculated that the cost to have it in Norway would be in excess of \$100,000 USD more than hosting it in Minneapolis.

We want to thank District 8 and their members for all of the time and effort that they put into planning this event. The whole world is in turmoil at the moment, and no one knows what the future will bring.

Stay safe, stay healthy.

Ron Stubbings



Bring your box tops to the meeting.

We are supporting Christ Lutheran Church's Preschool.

Norwegian Sweet Soup

Member Shelia Kershek from Fosselyngen Lodge 5-082 sent this recipe that is perfect for cooler fall weather. Shelia said: *This is a recipe that my Grandma Vaughn (nee Halvorsen) used to make. My Dad makes a bunch of it every Christmas and gives me a nice container of it. I love it!*

(Notes: The red sugar gives the soup a rosy color, and can be omitted. You can serve this warm or cold. A drizzle of heavy cream on top is extra tasty.)

- 6 cups water
- 1 cup raisins
- 1 cup prunes
- 1 cup white sugar
- 1 tablespoon red sugar
- 1/2 cup tapioca
- 1 teaspoon cinnamon or 2 cinnamon sticks
- 1/4 teaspoon salt
- 1 tablespoon vinegar or lemon juice (we use lemon juice)

***Place all the ingredients into a kettle and boil until tapioca is clear and the raisins and prunes are cooked (about 8 minutes). The mixture will thicken and then can be thinned by adding a little water.

>>>Do you have a Norwegian or Nordic-inspired recipe to share with fellow members? Please contact membership@sofn.com.

Not Everything Costs More in Norway

As visitors to Norway are routinely cautioned, prices there tend to run high compared to markets in North America and many other parts of the world. But not everything in Norway comes with sticker shock, and some things even cost less than they do elsewhere. Here are a few examples.

Fresh seafood

Thanks to Norway's robust fishing industry, fresh salmon is relatively inexpensive, as well as other kinds of seafood and sushi.

Air travel

Airline tickets from the US to Norway are often quite affordable compared to other international flights, and so is travel between Norway and other parts of Europe.

Store brand food items

Food and groceries are notoriously expensive in Norway, but most supermarkets offer very affordable store brand versions of common food staples.

Diapers

Due to a long-simmering price war between manufacturers, diapers in Norway are dramatically cheaper than they are in the US and many parts of Europe.

Camping

Camping is free and legal almost anywhere in Norway, making budget-friendly travel an option for those who are willing to rough it.



Long Beach, CA
Established - June 5th, 1930

Join Sons of Norway Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership. Go to www.sofn.com

We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time.

Bring you pop tabs to the Greeting table at the lodge meeting.



The mission of District Six is to support Sons of Norway through communication, resources and opportunities.

FACEBOOK PAGE

Thanks to our new member Brad Madiuk – Fridtjof Nansen Lodge has a Facebook page.

Yea! Check it out and enjoy. Here's the Facebook page: <https://www.facebook.com/longbeachsofn>

Any suggestions let me know.



LEIF ERIKSON DAY - OCTOBER 9



Fridtjof Nansen #6-009 Long Beach, CA
www.nansenlodgelongbeach.com
www.sofn6.com
www.facebook.com/longbeacchsofn

Troann Mortensen Loy
9062 Kahului Dr.
Huntington Beach, CA 92646
tm4rb5@gmail.com
October 2020 ISSUE