

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 89, Issue 9

November 2019

Ord Fra Presidenten...

Hello Everyone,

Don't miss the November lodge meeting. John and Sylvi will present the program. I am sure it will be a good one.

I keep talking about our 90th anniversary in June 2020. Help me make it a special day. We should be proud of ourselves for keeping our lodge going through good times and bad for 90 years.

As the holiday season starts I wish you a wonderful holiday season, full of great memories with family and friends.

Med vennlig hilsen (Best Regards),

Phebe



SONS OF NORWAY

Our next meeting is on Saturday

November 9th at **12:00 pm** at:

Christ Lutheran Church
6500 East Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

John and Sylvi Olsen will bring us a program on sausage and smoked cheese of Norway. What a great opportunity to learn more about our culture.


Lunch will be a potluck. Bring one of your favorite dish.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2018
Officers**

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Troann Loy	(714) 963-4830
Secretary:	Terry Lord	(714) 369-2420
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	

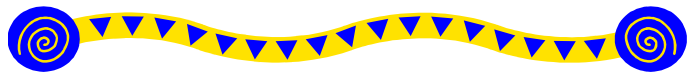


TUBFRIM

Save stamps for
TUBFRIM

Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.



Bring your clipped stamps to our next Lodge meeting. Ginnie Wilcox is collecting them for us.

Camp Norge. . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*“A little bit of Norway in the
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.

Ask Pat Kelly:

I have wonderful news for our members. Our investment products just increased their interest rates. The difference with investing your money with Sons of Norway are:

- 1) Guaranteed Safety of Principal
- 2) Guaranteed Minimum Interest Rates
- 3) Guaranteed Income for Life
- 4) High Current Interest Rates
- 5) Tax Deferred Accumulations
- 6) No Sales Charges
- 7) No Annual Service Fees
- 8) Penalty Free RMD Withdrawals for IRS's
- 9) Penalty Free Withdraws Beginning in Year Two
- 10) Safety and Security with over 120 years of Experience

Our **Financial Benefit Counselor Pat Kelly**

Phone: (818) 986 -7199
Cell: (818)667-6627
Fax: (818) 905-5785

Minutes from our Lodge Meeting

Fridtjof Nansen Lodge #6-009

Sons of Norway meeting on 10/12/19
The meeting began with everyone reciting the Norwegian prayer.

This was followed by a delicious potluck lunch with a variety of choices to please every palate.

We all sang the National Anthem & Ja Vi Eisker followed by the Pledge of Allegiance. Professor Johan presented our language lesson which pertained to horses. Some of the words were a little tricky but we all passed.

Eleonara Nyren was our guest speaker from the Peer Gynt Lodge. She brought several carved wooden horses as samples for her presentation on the Dala and Fjord horses. Carving horses as well as other artifacts has long been a hobby and pastime in the Scandinavian countries. The horses range from simple to very elaborate and are individually painted in vivid and unique designs. Large ones can be found on Merry-Go-Rounds. The Dala originated in Sweden and the Fjord in Norway. Permits are required for breeding these special horses in order to maintain their features.

Phil showed us a short film featuring these beautiful creatures. They are smaller than other horses but have beautiful manes and are gentle and calm. Of note: Fjord horses were used in the "Frozen" movie.

Ginnie shared about the trip she and Loyd took to Camp Norge where she made a traditional jumper. She recommends a trip up north to enjoy the

Continued . . .

beautiful area and participate in the various classes and activities offered. Phil presented Valerie with two sports medals.

Our lodge will be voting on a nominating committee in December. Phebe asked everyone to be thinking about plans for the 90th anniversary for our lodge next June. We will be hosting it here in our meeting hall. Clara won the 50/50 drawing. Trojan closed the meeting asking for peace and harmony throughout the lodge.

Respectfully submitted
Barbara Shepard
Acting Secretary

Additionally: Troann has stickers with my cell phone number to add to your directories so you can call or text me.

Events Around the Area. . .

Solbakken Lodge- Placentia
Lutefisk & Meatball Dinner – Nov. 16
Call (714) 912-4428 Carl & Carole

Norwegian Seamen's Church
Christmas festival
11/22/19 – 1:00pm through 11/24/19 4:30 pm

Swedish Christmas Fair
Sunday 11/24/19 11:00am to 5:00 p.m.
At Old World – Huntington Beach

A Bit of Humor:



Little Ole asks his teacher, "Mrs. Roberts, can I be punished for something I haven't done?"
His teacher is shocked.
"Of course not! That would be unfair."
Little Ole is relieved. "Ok, thanks Mrs. Roberts."
"I haven't done my homework."

www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.
Tusen Takk to Roni Lion for keeping our website running.

Kalendaren – Calendar



November

3 – Daylight Saving Tie Ends



9 – Lodge Meeting

11 – Veterans Day



28 – Thanksgiving

This Month's Birthdays. . . Gratulerer Med Dagen



November

2 – Janice Storms
17 – Aaron Swanson
20 – Philip Peterson
23 – Sigrid Berg
26 – Flora Morgan



MANGE TAKK

The Camp Norge Roof
is finished and ready
for next season.

Thanks to all who helped!



Bring your box tops to the
meeting.

We are supporting Christ
Lutheran Church's Preschool.



From Old Norse to Modern English

Scandinavia's influence is visible in many ways throughout our Sons of Norway communities, from our sometimes-controversial culinary traditions to our hearty work ethic and mischievous sense of humor. But even in parts of North America without strong ties to Norwegian heritage, there is still one area where the Norse influence has made its way to the mainstream: the English language.

Historically speaking, languages like Latin, French and German get most of the credit for providing the origins of modern English—but Old Norse played an important role too, and it can still be seen today. The following are just a few of the many words inherited from the Vikings that we use every day:

- axle – from öxull (axis)
- bug – from búkr (insect within tree trunks)
- blunder – from blundrai (to stumble blindly) bylaw – from bylög (village law)
- glitter – from glitra (to glitter)
- haggle – from haggan (to chop)
- happy – from happ (good fortune / fate / chance)
- likely – from líkligr (likely)
- odd – from oddi (third number / casting vote)
- rotten – from rotinn (decayed) stammer – from stemma (to hinder / dam up)
- thrift – from þrift (prosperity)
- Thursday – from Þorsdagr (Thor's day)
- ugly – from uggligr (repulsive)
- window – from vindauga ("wind eye")

Christmas Eve Celebrations in Norway

As 5 p.m. strikes on December 24th in Norway, the church bells are ringing, families are gathering around the dinner table and Christmas medleys are playing in the background. Here are a few fun facts about how Christmas is celebrated in Norway. Christmas Eve Christmas Eve is the biggest day of celebration in Norway, bigger than Christmas Day itself. Houses and yards are cleaned and tidied up. The Christmas Tree is decorated with, among other ornaments, juletrekury, or pleated Christmas hearts made out of colored paper. The hearts can also be filled with small ginger cookies, raisins, caramels or other treats. Christmas Eve is also the day that the Julenisse, the Norwegian Santa Claus, makes his rounds to bring gifts to good children. Little Christmas Eve Less known in North America is the tradition of lillejulaften, or Little Christmas Eve. Lillejulaften is the day before Christmas Eve—that is to say December 23rd. It is celebrated in different ways, but one can have a little dinner, cookies, gløggdrinking and maybe a small present that the children can open. Lillejulaften is a good way to prolong Christmas celebrations.



SONS of NORWAY

Celebrating **125** Years

1895-2020

Next year will be a big year for the Sons of Norway turning a 125 is a big deal. There will be lots of celebrations. Let's have a birthday party in January 2020.

You will have a great opportunity.

If you want to be a delegate at the District 6th Convention and get voted in, it is Thu, Jun 18, 2020 - Sun, Jun 21, 2020 in Mesa, AZ and get voted in.

THEN

If you have a Sons of Norway products.

And WANT TO GO TO NORWAY. You can run to be a delegate for the International Convention that will be in Norway. What a great opportunity.



Deep Roots. Bright Future.
2020 International Convention

Sons of Norway | Ringsaker, Norway

August 19-23, 2020



Join Sons of Norway Join Sons of Norway and enjoy the benefits of being a member. Visit the Sons of Norway website and explore what we have to offer. You can sign up or renew your membership. Go to www.sofn.com

We are excited to announce the opening of the Sons of Norway online store! In commemoration of our anniversary, we have released a variety of Sons of Norway branded items including shirts, backpacks, socks and our collectible 125th anniversary pin. Also available in the online store is our annual Sons of Norway Christmas ornament. Shop here: www.sofn.com/125years.



We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time.

Bring you pop tabs to the Greeting table at the lodge meeting.



The mission of District Six is to support Sons of Norway through communication, resources and opportunities.



Fridtjof Nansen #6-009 Long Beach, CA
www.nansenlodgelongbeach.com
www.sofn6.com
Troann Mortensen Loy
9062 Kahului Dr.
Huntington Beach, CA 92646
tm4rb5@gmail.com
2019 ISSUE