

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 88 ,10 Issue

DECEMBER, 2018

Ord Fra Presidenten...

December is exciting lots of events and lots to do. One of the things you should not miss our Christmas party. We always have great fun. Mark your calendar.

We have a great 2019 planned for our lodge make sure you tell your family and friends and not miss a meeting.

Wishing you all a god jul og godt nytt år (Merry Christmas and Happy New Year),

*Beste Hilsener (Best Wishes),
Phebe*



SONS OF NORWAY

Our next meeting is on Saturday

December 8, 2018, at 12:00 pm at:

Christ Lutheran Church
6500 Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

Join us for our Christmas Celebration.

Great food (provided by your board), gifts and great music.

We hope that our Nissie will make a visit.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2018
Officers**

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Jeanne Paige & Phil Peterson	(562) 429-3093
Secretary:	Terry Lord	(714) 369-2420
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	



Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199
Cell: (818)667-6627
Fax: (818) 905-5785

TUBFRIM



Save stamps for
TUBFRIM

Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.



Bring your clipped stamps to our next Lodge meeting. Ginnie Wilcox is collecting them for us.

Camp Norge. . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

***“A little bit of Norway in the
Sierra Mountains at Alta, CA”***

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.

Minutes from our Lodge Meeting

#6-009 - Fridtjof Nansen Lodge

Sons of Norway Lodge Meeting 11/10/18

Start time is noon / called to order @ 1:20 / concluded approx 2:00

- **Welcome Special Guest(s)** – hosted by **Ginnie Wilcox**
 - o **Welcome Judy Immel – Cultural Director / Zone 6.** She will host today’s meeting about Norwegian Textiles.
- **Blessing & Lunch**
 - o John & Troann led us in our prayer. On the menu today is Smothered Chicken, meatballs, salads, quiche, Norwegian Bread, and desserts.
- **Language Lesson** – hosted by **John Olsen**
 - o Today’s Lesson was focused cities in Norway. Good thing we have John to teach us how to say them correctly. 😊
- **Textile Program** – hosted by **Judy Immel**
 - o Judy shared her trip to Norway in September. She started at the historic hotel in Oslo, Hotell Bondeheimen, visited the textile factory, ate reindeer roast, and talked about wool and the amazing things we make with it.
 - o She also visited the glassworks store and took a couple of classes. One class was making a Baptismal bonnet by hand and the other was embroidering on “finger” mitts. Judy shared her works with the lodge. Amazing.
 - o Judy also visited the Valdres Folkemuseum, Telemark & Vesby (an hour outside of Oslo).
 - o What an amazing trip. Judy is so knowledgeable and it was great to journey along with her. 😊
- **Birthdays** - We recognized the Birthdays for this month – **Sigrid Berg, Flora Morgan, & Phil Peterson.** **Happy Birthday!**
- We sang the Norwegian National Anthem; Star Spangled Banner; and made our Pledge of Allegiance.
- **District news** – The District 6 Newsletter is out. If you did not receive a copy via email and would like one, please let Troann Loy know.
- **Today’s announcements**
 - o **Bunad classes will no longer be held @ at Camp Norge.** They will now be held in Minnesota.

2020 Convention in Norway – this will be the 125th Annual Convention held in Norway

- o about 40 minutes from Oslo. Look for more information and start saving.
- **Our next meeting is Dec 8, 2018.**
 - o **Yulenisse is coming to town!** So let’s decorate the tree, have yummy food, and bring items for the Boutique/Raffle/Silent Auction.
- We had our **50/50 drawing** for a total amount of \$20.00. **Roselyn Scott** was the lucky winner, and has graciously donated her portion back to the lodge. **Thank You Roselyn.**
- Troann closed the meeting with **“May Peace and Harmony prevail throughout the lodge”**.

Respectfully submitted: Terry Lord – Secretary



- **Save the Date** September 10–15, 2019 Camp Norge Camp Oldfjell Folkehogskule for Voksne **(Folk School for Adults)** Cultural Skills classes and more E.g. music, literature, hardanger, Vikings, etc

A Bit of Humor:

Ole and Lars go ice fishin. Ole pulls out his new thermos and Lars says to him, "Ole, whatcha got der?".

Ole says, "Well Lars, dis here's a thermos. It keeps hot tings hot, and it keeps cold tings cold."

After awhile, Lars gets curious and says, "Vell Ole, whatcha got in dat der thermos?"

Ole says, "Vell Lars, I got a popsicle, and two cups a coffee."

Ole & Lena went to a lawyer to see about getting a divorce.

"How old are you folks?" asked the lawyer.

"Vell, I'm 96 and Lena is 92," said Ole.

"How come you are getting a divorce now?" asked the lawyer.

Said Ole: "Ve wanted to wait till all da kids vere dead."

www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.

Kalendaren – Calendar



December . . .

Norrona #6-050 – Van Nuys – December 2 – Children's Christmas Party 2 pm

Call Charlotte Olson for Info (818) 342-5986 or (818) 399-4148

Fridtjof Nansen #6-009 Long Beach – on 12-8-18 at 12:00pm

Christmas Julebord - Call Troann Loy for more info (714) 928-5975

Solbakken #6-064- Placentia – on 12-6-18 at 6:00pm

Catered Julebord – Call Carole Carlson (949) 912-4428 for info

Solbakken #6-064- Placentia – on 12-8-18 at 6:00pm

Barnefest – Call Carole Carlson (949) 912-4428 for info

This Month's Birthdays. . . Gratulerer Med Dagen



DECEMBER

2 – Virginia Wilcox

5 – John Olsen

22 – Gunvor Anderson



A Nordic Christmas Wonderland Deep within the Norwegian mountains, the town of Røros, Norway, transforms into a magical Christmas market for one weekend, every year. The streets of Røros are lined with more than 60 market stalls, Christmas food and traditional activities. Drawing in hundreds of visitors, Røros offers a wonderful start to the Christmas season. Experience Røros by taking a romantic sleigh ride, exploring the nooks and crannies of the old copper mining town or warm up with some freshly made gløgg. This picturesque, Nordic town was the inspiration behind Disney's movie, Frozen. Kids can meet the beloved reindeer Sven, build snowmen or try tobogganing. Temperatures regularly dip below freezing, but the Christmas market thrives every year. This year's festivities will be taking place on December 6-9. To learn more about the Christmas market held in Røros, visit <https://www.roros.no/en/the-roeroschristmas-fair/> More about enchanting Røros can be found online in the November 2016 Viking. Log in at www.sonsofnorway.com, then access the Viking archive by clicking on the Norwegian Culture drop down menu on the homepage.



Kringle

Add your own Christmas twist to this Old Norse inspired cookie. Submitted by Christopher Mohs, Vikingland Lodge 1-495, Detroit Lakes, MN

Ingredients:

- 1 cup sugar
- 1/2 cup melted butter
- 1 cup buttermilk (or 1 cup regular milk soured with 1 tbsp of lemon juice or white vinegar)
- 1 tsp baking soda (added to the buttermilk)
- 1 large egg
- 1/2 tsp salt
- 1/2 tsp ground cardamom
- 3 cups flour (may take more)

Directions:

In a mixer, add sugar, melted butter, egg, salt, cardamom and the buttermilk mixture (that includes the baking soda). Mix together well and then add the flour, 1/2 cup at a time until the dough becomes stiff. (It will still be a little slack, slightly looser than a sugar cookie dough.) Cover with plastic wrap and refrigerate overnight. The next morning pre-heat the oven to 350 degrees and remove the dough from the refrigerator. On a floured board roll out approximately 1 1/2 tbsp of dough into ropes that are approximately 6-8 inches in length. Dipping your finger in water lightly, wet both ends of the rope and seal together to make a ring or circle. Give the ring one twist to form a figure eight and place on a parchment lined baking sheet, leaving approximately 1/2 inch between each one to allow for the rise while baking (they will double in size). Bake for 20 to 25 minutes or until just starting to brown. Remove and let cool before enjoying. Find more of Christopher's recipes on his blog, Pumpnickel & Rye



Bring your box tops to the meeting.
We are supporting Christ Lutheran Church's Preschool.



Save the Date Language and Heritage Camps!



Camp Folkehøgskule (ages 14-17)

23 June-6 July 2019

Camp Trollfjell (ages 8-13)

7-20 July 2019



Registration opens January 2019!

Visit our website:

<https://arv.sofn6.org/>

Our Facebook page:

<https://www.facebook.com/groups/Trollfjell/>

We want to reach out and help another charity. As a Sons of Norway member we have a mission to help others. In this case the Ronald McDonald's house. They collect soda can pop tabs. Collecting pop tabs is a great way to raise funds to help children and their families at the same time. Bring you pop tabs to the Greeting table at the lodge meeting.



Fridtjof Nansen #6-009 Long Beach, CA

www.nansenlodgelongbeach.com

www.sofn6.com

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December 2018 ISSUE