

# Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

## NANSEN NEWS



Volume 88 , Issue 2

February, 2018

### **Ord Fra Presidenten...**

A big thanks to the clever Wilcox's duo for their fun Trivia presentation. It was much enjoyed by all.

**PLEASE REMEMBER THAT OUR MEETING THIS MONTH WILL BE ON SAT. FEB. 3<sup>rd</sup>** due to a wedding at the church on our regular meeting day. Phillip Knudsen will be heading a program about the Olympics and Norwegian athletics.

Judy Immel will be presenting a program on the Nordic Rune alphabet for all to enjoy. This will be at our March 10<sup>th</sup> meeting at 12:00.

Remember to invite a friend they will have a good time; because we are fun and our meetings are the best.

Don't forget to bring your, pennies for Camp Norge, your stamps for Tubfrim and your box tops for the Christ Lutheran Church School.

### **God Valentinsdag, Phebe**



## SONS OF NORWAY

Our next meeting is on Saturday **FEB. 3 2018**, at **12:00 pm** at:

Christ Lutheran Church  
6500 Stearns Avenue  
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

*We welcome everyone of all ages. You do not have to be Norwegian!*

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### **NORWAY AND THE OLYMPICS**

Phillip Knudsen along with others will present Norway's past- present athletics and their events of the Olympics.

Lunch will be provided.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2018  
Officers**

President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurers:	Jeanne Paige & Phil Peterson	(562) 429-3093
Secretary:	Terry Lord	(714) 369-2420
Membership Secretary:	Ginnie Wilcox	(562) 596-5616
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director:	Phillip Knudsen	(562) 308-8763
Sunshine Sec:	Cleone Hatwan	(562) 633-6752
Historian:	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige Phil Peterson	(562)429-3093 (562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	



***Helping you find the path to a secure financial future***

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199  
Cell: (818)667-6627  
Fax: (818) 905-5785

**TUBFRIM**



Save stamps for  
TUBFRIM

Cut cancelled stamps off envelopes  
leaving  
1/4 to 1/2 inch  
around the edges.

Deliver stamps  
to any lodge meeting.



***Bring your clipped stamps to our next Lodge meeting. Ginnie Wilcox is collecting them for us.***

***Camp Norge . . .***

Sons of Norway Recreation Center  
2560 Canyon Mine Road (P.O. Box 622)  
Alta, CA 95701  
Telephone: 530-389-2508  
campnorge@yahoo.com

***"A little bit of Norway in the  
Sierra Mountains at Alta, CA"***

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

***Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. Jeanne and Phil will be collecting your pennies every month.***

# Minutes from our Lodge Meeting

## Fridtjof Nansen Lodge #6-009

### Sons of Norway Lodge Meeting 1/13/18

- **GODT NYTT AR - HAPPY NEW YEAR!**
- We started off our meeting with a warm Welcome from the President.
- We sang Happy Birthday to those celebrating another wonderful year.
- The Norwegian Table prayer was given and we raced to get a yummy bowl of Salmon soup brought by the Wilcoxs'. Along with the soup we had an array of salads, beets, cucumbers, mac & cheese, sandwiches, meat loaf, quiche, & desserts. I'm pretty sure no one is hungry after this feast. 😊
- We sang the Norwegian National Anthem; Star Spangled Banner; and made our Pledge of Allegiance.
- Our language lesson today was "Winter in Norway" focused on snow. Beautiful, wonderful snow. We learned how to shovel it, jump it, skate it, and ski it. Thank You Johan!
- Teresa Broadhead led our **Installation of Officers** for 2018! Thank You Teresa!
- **Introduction of Officer Promoted for 2018**

President	Phebe Fricioni
Vice-President	John Olsen
Treasurer	Jeanne & Phil Peterson
Secretary	Terry Lord
Membership Sec.	Ginnie Wilcox
Co-membership Sec.	Cleone Hatwan
Editor	Troann Loy
Public Relation	Phil Knudsen
Counselor	Troann Loy
Greeter	Jeanne Peterson
Marshall	Philip Knudsen
	Loyd Wilcox
Sports Director	Valerie Sparr
Trustee	Troann Loy
Auditor	Patricia Lampe

- o We all got to wear a cute sash indicating our appointed position(s), and took a great picture to seal the deal. 😊

- Ginnie & Loyd created and proctored a "Norwegian Trivia" game. **It was great fun!** (All of the answers were found in the Viking magazines.) I look forward to playing again, so read up! 😊

### - Today's announcements

- o We need delegates for the Sons of Norway District 6 Convention in beautiful Sonoma County
  - The convention is June 9-13, 2018
  - If you do any art ie rosemaling, chip carving, painting, needlework, or even boat building 😊, you can display your artwork at the convention.
- Teresa Broadhead won the 50/50 drawing of \$17 and graciously donated the amount back to the lodge.
- Troann closed the meeting with "**May Peace and Harmony be throughout the lodge**".

- Our next meeting is **February 3<sup>RD</sup> 2018**. **This is a week earlier than our regularly scheduled meeting.**

Respectfully submitted: Terry Lord – Secretary



## ***A Bit of Humor:***

### **The Roof**

Sven and Ole are up fixing the roof. Sven picks up a nail, looks at it, and throws it away.

He picks up the next one, looks at it, and hammers it into the roof.

The next one, he hammers it into the roof; the next one, he throws it away.

Ole says, "Sven, why do you throw away half the nails?"

Sven says, "Ole, don't you see, they have the point on the wrong end!"

Ole says, "Sven, don't be such a dummy! Those are for the OTHER side of the roof!"

### **The Truck**

Ole hears that Sven just bought a new truck, so he goes over to take a look at it. When he gets there, he sees dents all over the truck, and Sven sitting in the driveway behind the truck.

Ole says, "Sven, why did you buy a truck with dents?"

Sven says, "Oh, I made a real good deal. It got dented in a hailstorm, so the salesman gave me \$50 off the price. And he said that all I have to do is blow on the tailpipe, and those dents will pop right out. But I've been sitting here blowing on this tailpipe for two hours now, and I don't think it's working.

Ole says, "Sven, don't be such a dummy! You have to close the windows first!"

[www.nansenlodgelongbeach.com](http://www.nansenlodgelongbeach.com)

**Check out our website. . .**

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.

## ***Kalendaren – Calendar***



### **February**

**3 – Lodge Meeting**

**Notice meeting is on First Saturday!**

12 – Lincoln's Birthday

14 – Valentine's Day

Ash Wednesday

19 – Presidents' Day

## ***This Month's Birthdays. . . Gratulerer Med Dagen***



### **FEBRUARY**

5- Phillip Knudsen

13 – Jeanne Paige

## Cherry Cream Cake (Kirsebærkremkake)

Recipe for the Cake

- 2 Cups almonds or other nuts
- 2 Cups confectioners' sugar
- 8 Egg whites
- Grind almonds twice, the second time with the confectioners' sugar. The almonds should have the consistency of flour.
- Whip the egg whites until stiff but not dry, and blend with the nuts.
- Divide and spread batter in two greased 9-inch (23 cm) springform pans, and bake at 320 degrees F 25 to 30 minutes.
- Cool slightly in pan before removing to rack to cool completely. Makes two 9-inch layers.

## Recipe for the Cherry Cream

- 1/3 Cup whipping cream
- 2 Egg yolks
- 2 Tbsp confectioners' sugar
- 3 ½ Tbsp chocolate sauce or syrup
- 3 ½ Tbsp cherry juice
- Beat the cream until firm and glossy. Add eggs and confectioners' sugar which have been whipped together until light and fluffy.
- Stir in the chocolate sauce or syrup, and add cherry juice to taste.
- Place one cake layer on platter, baked side down, and cover with half of the cream mixture.
- Add second layer, baked side up, and top with remaining cream. Keep refrigerated until serving time.



## **What are the slight differences for foreigners between living in Sweden, Denmark, and Norway?**

1. Norway is really expensive. Norwegians think Sweden is cheap, no foreigner thinks that. Denmark is on most things slightly cheaper than Sweden, depending on currency rates.
2. Norwegians are smug about their nature and oil fund; Swedes are smug about their global companies and organized society; Danes don't really care, they just enjoy themselves.
3. Denmark is tiny if you don't count Greenland; Sweden is massive but no one lives in the north; Norway is in between but they've got the fjords, so they are happy anyway.
4. In Norway, you can buy alcohol at Vinmonopolet (wine monopoly, beer is available in regular stores); in Sweden, it's called *Systembolaget* (the corporation of the system, for everything except pretty weak beer); in Denmark, you can buy it almost anywhere.
5. When Stockholm started calling itself capital of Scandinavia, Norwegians got annoyed while Danes generally ignored it.
6. Norwegians eat rotten trout; Swedes rotten herring; and Danes eat tiny sandwiches with fresh herring.
7. Norwegians buy their alcohol in Sweden; Swedes in Denmark; and Danes in Germany.
8. Norway celebrates its national day with pride; Swedes wish they did; and Danes were too drunk to remember what happened.
9. The Norwegian royal family is originally from Denmark; the Swedish is French; while the Danish is German.
10. The most popular winter sport in Norway is skiing; in Sweden it's ice hockey; while Danes stay indoors and play handball.

## **FAQs for the District Six 2018 Convention**

*Aged to Perfection*



### **Which airport should I fly into?**

We have three options from which to choose: San Francisco International Airport (SFO), Oakland International Airport (OAK) and the Charles Schulz Sonoma County Airport in Santa Rosa.

### **How do I get transportation from these airports to the Graton Resort & Casino?**

There is a company you can find online called the Airport Express and it will transport guests from/to SFO and OAK to the Doubletree Hotel in Rohnert Park, which is 1.1 miles (4 minutes) from the Resort. Shuttle

service will be provided from the Doubletree to the Resort. The cost is SFO to Doubletree—\$36 one way and approximately a 1 3/4 hour ride. The cost for OAK to Doubletree—\$34.00 one way and approximately 1 3/4 hour ride. Transportation from the Charles Schulz Sonoma County Airport will be arranged as needed utilizing local area Sons of Norway members and there will be a fee of \$20.00 round trip. It is 15 miles and about a 20 minute ride.

### **I am driving. What is the cost of parking?**

The **total** room cost is \$162.00 per night and that cost includes the resort fee, in-room internet, daily newspaper, **self and valet parking**, unlimited local/800 access calls, admission to the exercise facility at the resort and access to the pool facility.

### **Does the Resort have in-room coffee?**

No, there is no coffee maker in the suites. It is suggested you bring your own traveler coffee maker if you need that “early morning Norskie fix” before you can get downstairs for breakfast.

**As questions arise, please direct them to the Convention Chairperson, Mary Beth Ingvoldstad and she will do her best to get the answers to you så snart så mulig (as soon as possible).....**

marybethd6pres@aol.com

707-987-2404 (Home)

707-580-8052 (Cell)

**We look forward to this wonderful Convention and want it to be as pleasant an experience as possible for Delegates, Spouses, Guests and Visitors!!**

**Erna Solberg is one of the world's most powerful women** Angela Merkel tops the list of the world's most powerful women. But Erna Solberg is more powerful than Hillary Clinton. Forbes magazine is known for creating lists. They write who earns most and has the most power. Recently a list came out of the world's most powerful women. Forbes mentions 100 women who they think are the most powerful. **Prime Minister Erna Solberg is 46th.** She appears before Beyoncé Knowles (50th place) and politician Hillary Clinton (65th place). "Norway's Angela Merkel," writes Forbes. At the top of the list is Germany's leader. 63-year-old Angela Merkel is number one for the seventh consecutive year. She retains the position despite losing power during the election this year. Forbes calls her the actual leader of the European Union (EU). In second place is Theresa May. She is Prime Minister of the UK. Third place goes to Melinda Gates, the wife of Bill Gates, founder of the software company Microsoft. Melinda Gates runs a large charitable organization that helps people in poor countries. There are many different women on the list. There are politicians from several countries, there are powerful leaders from big companies, and there are entertainers. Here are a few examples: 8th place: Christine Lagarde, head of the International Monetary Fund 11th place: Indra Nooyi, head of the company PepsiCo. 15th place: Tsai Ing-wen, Taiwan's first female leader 19th place: Ivanka Trump, businesswoman, Donald Trump's daughter 21st place: Oprah Winfrey, media queen 33rd place: Aung San Suu Kyi, leader in Myanmar 45th place: Gina Rinehart, owner of Hancock mineral company in Australia 78th place: Kersti Kaljulaid, Estonia's first female president 85th place: artist Taylor Swift from the United States.



What used to be a town of ashes is now one of Norway's most beautiful cities. In 1904, the town of Ålesund burnt to the ground after an oil lamp fell to the ground. More than 10,000 residents were without a home, and nearly 800 buildings destroyed. Shortly after, a group of Norwegian architects and designers embarked on rebuilding Ålesund. They used the Art Nouveau period as their inspiration in the redevelopment of the town. Today, Ålesund is known for having the world's most exquisite concentrations of Art Nouveau architecture. While touring Ålesund, visitors will find hewn stone buildings, crested roofs or towers typical of medieval wooden churches, and an occasional sculpted head of a Viking. The best time to experience the charming town of Ålesund is during the summer months of April to August. With warmer temperatures and very little rainfall, you could go hiking, explore the fjords – or just relax and enjoy the view.



To learn more about visiting Ålesund, go to [www.visitalesund.com](http://www.visitalesund.com).

## **Sons of Norway Headquarters is Packing Up!**

A purchase agreement has been signed and plans are underway for the redevelopment of Sons of Norway's Headquarters. The new multi-use building will be designed with a Nordic flair, and the property developers will welcome us back as an anchor tenant in approximately two years. In the meantime, headquarters will relocate to temporary offices. Our mailing address and phone numbers will remain the same, but our physical location will be a few miles west from our current Uptown Minneapolis address. If you plan to visit us (and we hope you do), as of March 5, 2018, you will find us at: 11100 Bren Road West Minnetonka, MN 55343

**LEARN BEGINNING NORWEGIAN ON THE WEB** LearnNoW is an online beginners' Norwegian course, offered free of charge. It was developed by a team from the Department of Language and Literature at the Norwegian University of Science and Technology, NTNU, in conjunction with the Norwegian Agency for Lifelong Learning, Vox. It is a series of twelve chapters with audio tracks both in normal and reduced speed. Go to [www.ntnu.edu/learnnow](http://www.ntnu.edu/learnnow).



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[www.nansenlodgelongbeach.com](http://www.nansenlodgelongbeach.com)

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