## **Sons of Norway**

Fridtjof Nansen Lodge #6-009 Long Beach, California

# NANSEN NEWS



Volume 87, 10 Issue

**December 2017** 

#### Ord Fra Presidenten...

Thank you for the members who shared with us in November about their Norwegian trips, Johan Olsen, Ginnie and Loyd Wilcox and Phil and Jennie Peterson.

Do not forget we will vote for our 2018 officers at our December meeting.

Slate of officers for the 2018 - 2019

Two Year term -

Recommend:

President: Phebe Fricioni Vice President: Johan Olsen

Secretary: Terry Lord

Treasurers: Phil and Jeanne Peterson

There has been some confusion on when we have to move our meeting up a week so the church can have a wedding. We are move the meeting up in February.

We will meet February 3<sup>rd</sup>. the 1<sup>st</sup> Saturday in the month. (Not the 10<sup>th</sup>).

See you on Saturday December 9, 2018 for a fun Christmas Julebord. We always have a good time singing around the Christmas tree.

GOD JUL, Phebe Fricioni





Our next meeting is on

Saturday December 9, 2017 at 12:00 pm at:

Christ Lutheran Church 6500 Stearns Avenue Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

Do not forget our new time we are starting at noon.

Don't miss our Julebord – Christmas Party!

We will have a great time. Food will be provided.

Nisse will probably be showing up with his bag of gifts.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

#### 2017 Officers

<u> </u>		
President:	Phebe Fricioni	(562) 430-5092
Vice President:	Johan Olsen	(714) 537-9646
Treasurer	Troann Loy	(714) 963-4830
Secretary:	Terry Lord	(714) 369-2420
Membership	Ginnie Wilcox	(562) 596-5616
Secretary:	Cleone Hatwan	(562) 633-6752
Editor:	Troann M. Loy	(714) 963-4830
Cultural	Phillip Knudsen	(562) 308-8763
Director		
Historian	Open	
Musician:	Open	
Counselor:	Troann Loy	
Greeters:	Jeanne Paige	(562)429-3093
	Phil Peterson	(562) 429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Loyd Wilcox	(562) 596-5616
Social Director:	Phebe Fricioni	(562) 430-5092
Trustee:	Cleone Hatwan	(562) 633-6752
Auditor:	Patricia Lampe	
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### Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199 Cell: (818)667-6627 Fax: (818) 905-5785

### TUBFRIM<sup>3</sup>

Save stamps for TUBFRIM

Cut cancelled stamps off envelopes leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps to any lodge meeting.



Bring your clipped stamps to our next Lodge meeting. Ginnie Wilcox is collecting them for us.

#### Camp Norge. . .

Sons of Norway Recreation Center 2560 Canyon Mine Road (P.O. Box 622) Alta, CA 95701

Telephone: 530-389-2508 campnorge@yahoo.com

"A little bit of Norway in the Sierra Mountains at Alta, CA"

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting.

Jeanne and Phil will be collecting your pennies every month.

#### Minutes from our Lodge Meeting

#### Fridtjof Nansen Lodge #6-009

#### Sons of Norway Lodge Meeting 11/11/17

- We started our meeting with a big THANK YOU to Our Vets. Phil Peterson was in the Army. The Army's motto is "This We'll Defend".
- The Norwegian Table prayer was led by Johan and practiced by all.
- What a wonderful Potluck. Thank You All for the nice array of salads, fish patty's, quiche, and desserts!
- We had special guests joining us today Chris & Ellen Velline. Welcome!
- We sang the Norwegian National Anthem; Star
   Spangled Banner; and made our Pledge of Allegiance.
- Our Language lesson by Johan was focused on travel which is the focus of today's meeting.
- Our guest speakers today were lodge members that went to Norway over the summer or shared family history.
  - o Wilcox's
    - Ginnie shared her genealogy from Wisconsin to Washington, and her travels back to the family farm south of Oslo. Ginnie also revealed a connection to the Ringling, Barnum & Bailey circus. It was great to cover more than 100 years of her family history.
  - Johan
    - Traveled to Norway over the summer for a reunion. Johan rubbed elbows with many of his friends and made a new "up lifting" relationship.
  - o Peterson's
    - Traveled to Norway over the summer and recommended a costal view of Norway on Viking Cruises. Their 29 day tour took them from the Arctic circle to Baltic seas. They purchased a CD of Stavanger, Norway to share at the lodge meeting. This put us into Norway's daily life with a love for music, sand volleyball, Stavanger Domkirke, Utstein Abbey and the Viking re-enactments. What a treat.

#### Today's announcements

- Our next meeting is **December 9, 2017. Oh** boy, you don't want to miss this one.
  - Great food, Julenisse, Piano playing.....just enough to entice you.
  - Bring the kids and your favorite Norwegian dessert.
- The Norwegian Seaman's Church in San Pedro is having their Christmas Fair Nov. 17, 18, 19.
   You will find Christmas decorations, music, candles & the smell of freshly baked goods.
   There is always a raffle, and traditional foods served in the church's café.
- Calendars are on sale for 2018 @ a low price of \$10.
- Happy Birthday to the Peterson's and Flora.
- If you are interested in being on the Nominating Committee, please let Phebe know (her # is in the Newsletter).
- Phil announced the wonderful recipient of a Gold & Silver Walking pins
  - Valerie Spaar Congratulations!
- Flag purchase
  - Terry won the 50/50 drawing and donated it back to the lodge. The remaining flag balance is \$41. Woo hoo!
- Troann closed the meeting with the following message "May Peace & Harmony Prevail in the Lodge".

#### Lost & Found

Found – a music pin was found at the October Lodge meeting. If this is yours, please contact Ginnie Wilcox.

Lost – a decorative spoon that was won with the raffle at the Open House meeting.

Respectfully submitted: Terry Lord – Secretary



#### A Bit of Humor:

Dis guy, Peder, goes to da Vorld Cup Soccer Finals. His seat is in da nosebleed section, but dat's OK--he's at da Vorld Cup! He starts looking around da stadium vit his binoculars and sees a guy in one of da best seats in da stadium vit an empty seat beside him. It looks like an old friend he knew ven he vent to school back in Norvay, named Ole. 'Dis is driving Peder nuts, so at half time he goes down, says hello to his old friend, and asks Ole vy he has a vacant seat in such a choice location. Ole says, "My vife, Lena, and I bought dese seats a long time ago, but unfortunately, Lena passed away." "Oh, I'm really sorry to hear dat," Peder says, "but vy didn't you give da ticket to anudder relative or a friend?" Ole replied, "Vell, dey're all at da funeral!"

A Norwegian, a Swede and a Dane made a bet about who could stay the longest in a stinky pig barn. They all went in at the same time. After only two minutes the Dane came running out. Five minutes later the Swede stumbled out the door. After ten minutes, all the pigs ran out.

#### www.nansenlodgelongbeach.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our

website running.

#### Kalendaren – Calendar



December

9- Lodge Meeting

12- Hanukkah

21- First Day of Winter

24- Christmas Eve

25- Christmas

31- New Year's Eve

## This Month's Birthdays. . . Gratulerer Med Dagen



2- Ginnie Wilcox

5- Johan Olsen

22- Gunvor Anderson



#### Rice Pudding (Riskrem)

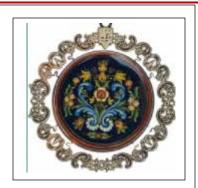
Adapted from arcticgrub.wordpress.com Makes about 4 portions • 2 cups rice porridge\* • 2 tbsp confectioners sugar or to taste • 2 tsp vanilla sugar or vanilla extract • 1 ½ cups heavy cream or coconut cream • 50 grams or ¼ cup toasted almonds, chopped (optional) Whisk coconut cream or heavy cream with the confectioners sugar and vanilla sugar/extract in a stand mixer until fluffy. Fold the whipped cream with the rice porridge and sprinkle in the chopped almonds. \*Rice Porridge (Risengrynsgrøt) • 1 cup short grain rice, such as Arborio • 2 cups water • 4 cups almond milk (or coconut milk) • 1 vanilla bean pod, split in half • ½ cup granulated sugar • ½ tsp salt Drain rinsed rice in a colander. Add water and rice to a pot and bring to boil. Lower temperature to a simmer and cook until all water has been absorbed. Add milk, insides of vanilla pod as well as shell, sugar and salt. Bring to boil while whisking constantly, do not allow milk to burn at the bottom. Lower temperature to simmer for 45 minutes or until porridge consistency. Pour into a bowl to cool for rice pudding or keep warm and serve with butter, sugar and cinnamon.



Norwegian Holiday Tradition – The Julenisse The Christmas season is a perfect time to embrace your Norwegian heritage and share the culture with your loved ones. One way to do this is by incorporating a new or different tradition into your celebrations each year. This season, why not invite an icon of Norwegian folklore, the Julenisse, into your holiday home? Both farm protector and bearer of Christmas cheer, the nisse is a charming, yet sly fellow whose legacy lives on in Norway and around the world to this day. The classic tale declares that small gnome-like nisser hide in houses and barns to bring good luck or make mischief, depending on how well they are treated by the ones who live there. Try having fun with this familyfriendly legend and hunt for the nisse living in your own home. Simply search for photos of the nisse on the internet, print them out and hide them around your home, then send your guests on the nisse hunt of the year. Check out the 2010 November issue of Viking for a nisse cut-out, along with other Nordic games and activities you can enjoy over the holidays. You can also learn more about the nisse and its Norwegian legend in the 2012 December issue of Viking.

Countdown to Implementation of New Dues Structure Review the facts about the new simplified dues structure by visiting www. sonsofnorway.com. Click on the Member Resources box on the top of the homepage and navigate to the dues structure information pages. You can check out what lead up to the decision by the Sons of Norway International Board by clicking on the History button. An overview of the dues structure changes are outlined in the Membership Charts and Dues Information section. Still have questions? You may send them to 2018dues@sofn.com. Of course, we are also happy to take your calls at 800.945.8851.

Sons of Norway 2017 Christmas Ornament Cost \$14.99 each To order Call 612-821-4642



Doubt that we would have managed it today [It's been] 50 years since Sweden switched to driving on the right side of the road. It was a huge undertaking, says a professor. First, traffic was quite quiet. Then the cars swung over the center line. Switching to right-hand driving is the biggest societal change in Sweden, says Professor Claes Tingvall. He works at Chalmers Technical College. Earlier, he worked with road safety at the Swedish Road Administration. "It was a terribly big project. Probably the largest ever in Sweden," says Tingvall. The change itself was completed quickly. It happened early in the morning on Sunday, September 3rd, 1967. At 4:45 a.m., all traffic was stopped. Then all cars drove carefully to the right side of the road. Here they stopped again. Then they waited until the clock struck five. Then the message came over the radio: Sweden had switched to right-hand driving. Now the cars could drive. But no faster than 30 kilometers per hour [18.6 miles per hour]. "It is doubtful that we could have done something like this today. Suddenly, all people were supposed to change what they were very used to? Some researchers warned that it would end in a bloodbath. But it was successful," says Tingvall today. The changeover was carefully planned. All private cars were stopped between 1 a.m. and 6 a.m. for the change. In the cities of Stockholm and Malmö, it was even stricter. There was no private driving between 10 a.m. on September 2nd and 3 p.m. the day after. After the change, traffic was monitored. More than 10,000 police watched. There were also people from the military in the streets all the time the following week. After the shift, there were fewer who died in traffic. Speed limits also became lower. Most Swedish cars were already built to drive on the right, according to Tingvall. These cars were the same as today, with the steering wheel on the left. "It was actually very strange. This meant that before the change it was dangerous to pass. It was most often the passenger side that was hit hardest in a crash," Tingvall says. Other countries still have left-hand driving. We probably know the United Kingdom best. But also African and Asian countries drive on the left side of the road. Among them are Australia, India, Cyprus, Pakistan, South Africa and Thailand.

#### **SON 2018 Bunad Camp**

Sons of Norway Recreation Center Camp Norge 250 Canyon Mine Road, Alta, CA May 4 – 7, 2018

District 6 Sons of Norway is now accepting applications for our 7th Annual Bunad Camp at Camp Norge.

Sue Sutherland of Bunad Butikken, located in Ely, Minnesota, will be our instructor.

Class size is limited to 12.

\*The cost of the class is \$325 for Sons of Norway members and \$375 for nonmembers. Program cost includes instruction and the rental of Heritage Hall.

- \*Jim Sutherland is offering a meal plan for \$60 per person.
- \*Lodging fees at Camp Norge are additional.
- \*You are requested to bring your own sewing machine.
- \*Registration deadline is January 1, 2018. One half of the tuition is due at the time of registration to reserve your spot. This is not refundable after March 1, 2018.
- \*Remainder of tuition is due by April 10, 2018.
- \*Please make checks payable to Sons of Norway.
- \*Heritage Hall will be available to students daily from 8:00 am to 8:00 pm \*Sue will be available from 9:00 am to
- 5:00 pm
  \*You are welcome to bring cookies and snacks for coffee breaks!
- \*Do you need a Bunad kit? Contact Sue Sutherland at (218) 365-7745 for kit information and pricing.

Although she has some Bunad kits in stock, many have to be imported from Norway. Please allow ample time for her to order needed materials. Kits for Bunads with embroidery are custom made and must be ordered by November 2017 in order to arrive in time for the class.

ABSOLUTELY NO E-MAIL RESERVATION REQUESTS will be accepted. Please fully complete the registration form and mail with your deposit (checks payable to Sons of Norway) to: Judy Immel, Cultural Director 9331 Shannon Avenue Garden Grove, CA 92841

- \*For questions please contact Judy at culturaldirector@sofn6.org
- \*Remember this is a camp; please bring your own bedding, towels, toiletries, cushion for chairs, and don't forget your flashlight! We look forward to having you join us at Bunad Camp!

Notice: Kits deadline Nov 2017 Registration deadline: January 1, 2018









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