

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 85, Issue

December 2015

Ord Fra Presidenten...

We are going to have a great Christmas party - Julebord.

Good food, lots of music and maybe a visit from a Nisse too. Don't miss it on December 12th.

Wishing you a wonderful Christmas Holiday. May you have special times with family and friends. It is these times we will remember; not the crazy time and pressure there is before the holiday.

God Jul to all.



Ga i fred (Go in peace) – Troann



SONS OF NORWAY

Our next meeting is on Saturday,

December 12, 2015 at 12:30 pm at:

Christ Lutheran Church
6500 Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

www.fridtjofnansenlodge.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2015
Officers**

President:	Troann M. Loy	(714) 963-4830
Co-Vice President:	Johan Olsen & Sylvi Olsen	(714)537-9646
Treasurer	Phebe Fricioni	(562) 430-5092
Secretary:	Barbara Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director	Sylvi Olsen	
Historian	Open	
Musician:	Open	
Counselor:	Herman Holt	(562) 429-7638
Greeters:	Sylvi Olsen Jeanne Paige	(714) 537-9646 (562)429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Johan Olsen	(714) 537-9646
Social Director:	Terry Lord	(714) 369-2420
Trustee:	Herman Holt	(562) 429-7638
Auditor:	Patricia Lampe	



Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199
Cell: (818)667-6627
Fax: (818) 905-5785

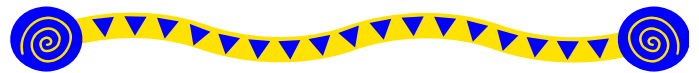
TUBFRIM



Save stamps for
TUBFRIM

Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.



Bring your clipped stamps to our next Lodge meeting. Cleone is collecting them for us.

Camp Norge. . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*“A little bit of Norway in the
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.

Minutes from our Lodge Meeting

Fridtjof Nansen Lodge #6-009

- 19 people were present for today's meeting. If you add Judith (the weaver), it's 20.
- We started off with a prayer and dug into our tasty array of potluck dishes & desserts.
- The Thanksgiving decorations provided by Phebe were very cute.
- A beautifully woven belt provided by Judith will be auctioned off in the raffle today.
- Marina Viking Ship
 - o Troann worked to set up a meeting with Bob Meade at Marina High School. Bob has been the woodshop teacher at Marina for about 21 years. And this year, his class is building a Viking Ship. (Note-this was published in the Orange County Register in September.)
 - o John, Sylvi, & Terry met with Bob Meade at Marina High School to see this fabulous ship for ourselves and take pictures.
 - o Bob shared some of the blessings & challenges in building the ship. His future goals are to have it complete by May 2016, and give cruises in Huntington Harbor. If the Sons sponsored a trailer, Bob will fly a Sons Of Norway flag at the top while giving tours.
- Weaving by Judith
 - o Only women can weave in Norway
 - o Men perform the quality control & marketing
 - o Straps are used for babies, belts, bunads & sock garters
 - o Westerheim Museum has many woven belts & bands
 - o Looms are found with weapons because it is believed that certain knots would make the enemy fall.
 - o We made some pretty amazing bracelets
 - 7 strings
 - 8 slots on a circle
 - Hole in the middle
 - Tie a knot 1 ½ inches
 - Use pearl cotton
- Terry won the woven belt.
- Darlene won the 50/50 & allocated it back into the fund
- Troann gave Announcements
-

Respectfully submitted by: Terry Lord
For Barbara Shepard

I. Rømmegrøt Recipe

INGREDIENTS

- 1 ⅔ cups 35 percent fat sour cream (Recipe for homemade sour cream in Step 1)
- 1 ¼ Cups flour
- 5 Cups full fat milk
- ¾ Tsp salt

RECIPE



Step 1

Sour cream porridge with dried meats was festive food in the olden days and is still considered that today. Sour cream porridge must be made from high fat (35%) natural sour cream, with no stabilizers or gelatin added. For the best results, use homemade sour cream. Heat 1 cup whipping cream to 95 F, almost body temperature, then whisk in 2 Tbsp. buttermilk. Let stand at room temperature at least 8 hours, until thickened.

Step 2

Simmer sour cream, covered, about 15 minutes.

Step 3

Sift over ⅓ of the flour. Simmer until the butterfat begins to leach out. Skim off the fat.

Step 4

Sift over the remaining flour and bring to a boil. Bring the milk to a boil and thin the porridge to desired consistency. Whisk until smooth. Simmer about 10 minutes, and season with salt. Serve with the fat, sugar and cinnamon.

A Bit of Humor. . .

One day Ole was home alone when the lady next door came over. "Ole she said would you please do me a favor and take of my blouse for me?" Ole's face got a little red but he obliged her. "Now Olie would you please take off my skirt for me?" Once again Olie obliged her. "Ok Ole take off my panties and bra." Ole took the last two items off and tossed them aside his face now burning. She looked Ole in the eyes and said "And don't let me catch you wearing my clothes again!"

Sven, Ole, and Lena got invitations to go to this party. The invitation said that they must dress up as an emotion. So Sven goes to his house, and Ole and Lena go to theirs. Lena goes upstairs to change, she comes downstairs all dressed in red. Ole asks Lena, "Vut are yew supposed ta be?" Lena says, "I'm red vith furry." So Ole goes upstairs to change, he comes downstairs all dressed in green. Lena asks Ole, "Vut are yew supposed to be?" Ole says, "I'm green vith envy."

Ole and Lena get a knock on their front door, so Ole answers it. There is Sven standing butt-naked with a tire around his waist! Ole says, "Vut in va vorld are vu supposed ta be?" Sven says, "I'm in da spare!"

Ole was walking down the road with a penguin when a policeman saw them and approached Ole.

"Take that penguin to the zoo."

"Do I have to?"

"Take that penguin to the zoo now!"

"Oh all righty den".

So Ole and the penguin head off to the zoo.

The next day the policeman sees Ole and the penguin going down the same road again and gets very cross.

"I thought I told you to take that penguin to the zoo."

"I did. Yesterday ve vent to da zoo, today ve're going to da cinema.

Kalendaren – Calendar



December

12 – Lodge Meeting Julebord at 12:30 pm

25 – Christmas Day

31 – New Year's Eve

January

1 – New Year's Day

9 – Lodge Meeting Installation of Officers

This Month's Birthdays. . . Gratulerer Med Dagen



December

5 – John Olsen

14 – Dee Ronning

22 – Gunvor Anderson

27 – Robert Weiser



We have lost 2 special members of our Lodge . . .

Mason, John (Jack) Arthur 1925 - 2015

A native son of Los Angeles and long-time resident of Cypress, Orange County, CA. Born April 11, 1925 to Clarinda and John A. Mason passed away Wednesday, November 4, 2015.

After graduation from Fairfax High School in L.A., Jack enlisted in the U.S. Navy at 17 and served on an aircraft carrier during World War II. When the war ended, he returned home and attended Woodbury Business College, then embarked on a career in Advertising Management. He worked in this field for a variety of firms until retirement to spend time with his beloved Alma whom he married in 1959. Alma predeceased (2003) John.

As did his father and siblings, Jack wrote poetry, mostly rhyme and play-on-words. He also freelanced for numerous greeting card companies, notably Hallmark who sent him specific assignments.

He was a long time member of the Sons of Norway. Writing a poem "Norway O' Norway" turned into a song used by the Sons of Norway.

Sorensen, Andrew John 1926 - 2015

Andrew John Sorensen, 88, of Long Beach, died at home in his sleep, Aug. 25. He was born in Chicago, Ill.

He is survived by his wife of 69 years, wife Mary, daughter Victoria Gammer (Dr. Steven), Granddaughters Sarabeth Sutton Wicks (John), & Meredith Sutton.

He was a stockbroker at Dean Witter for 20 years & an arbitrator for the NY Stock Exchange & the NASD for 15. He was a member of: Sons of Norway, Norwegian Chamber of Commerce, Southern CA Tuna Club, LBYC, Owls, Motor Patrol, & Footprinter Assoc. He loved fishing, sailing and Norwegian woodcarving. He was a long time member of the Sons of Norway.

The Lodge will miss these members. We would like to extend the Lodges condolences to their families. May they have comfort from the special memories of their loved ones.



Share Your Heritage this Christmas!



Share Your Heritage this Christmas! Show some Norwegian pride this holiday season by adding Sons of Norway's 2015 commemorative ornament to your Christmas decorations! From its Rosemaling-inspired outer frame to the beautiful Gudbrandsdal design, this elegantly styled ornament is sure to be a welcome addition to your holiday traditions. Packaged in a silver-stamped gift box, which contains a Christmas greeting from Sons of Norway, and an informative description of the Gudbrandsdal style of Rosemaling, this ornament can also be a unique gift for someone who enjoys celebrating their Norwegian heritage. The 2015 commemorative ornament is a limited edition and will only be available for a short time, so order yours today! This special keepsake is only \$14.99 plus tax and shipping & handling, and can be ordered online or by calling (800) 945-8851

New Discount Program Available! Have you checked out Sons of Norway's newest member benefit, PerkSpot, yet? If not, you're missing out! This exciting discount program offer thousands of deals on everything from vacation packages to electronics to restaurants. With the holidays quickly approaching, PerkSpot is the perfect place to find a gift for that special someone and get a great deal! To access PerkSpot, log into the Members Section of the Sons of Norway website and click on Member Discounts. Happy shopping!

*** Check out the new Website! ***

District Six Lodge Meeting And Convention 2016

www.d6in16.com

"Mining Our Heritage"

June 19 - 22, 2016

Embassy Suites Hotel * Loveland, CO

Hosted by the 7 lodges of Zone 8 (Colorado)



LEADERSHIP SEMINARS 2016

Coming to YOUR area for all Lodge
Leaders! Presented by your
District Officers.....



Check out the District Six website
soon (www.sofn6.org) for further information.

Great fun weaving with Judith Gabriel Vinje from Edvard Grieg Lodge.

A very talented woman.

She taught us how to make friendship bracelets. We were excellent students. We all went home with our own bracelets.

Thank you Judith . . .



Terry Lord, John and Sylvi Olsen met with Marina High School shop teacher Bob Meade. His students are building a Viking ship and hope to have it sailing by May 2016. They are the Vikings. We are looking into adopting this school to help them raise money for a trailer they need to move the Viking ship to events. More information in future newsletters. Bob has offered to give us rides in the ship when completed. I am ready; are you?



Fascinating Fashion Facts OF THE WORLD!

AS EARLY AS THE 12TH CENTURY, SCANDINAVIANS WERE AWARE OF THE HAIRSTYLING BENEFITS OF MOOSE.*

Dist. by King Features

*Current spelling "mousse" is from the French for "foam," derived from the Latin "mulsa," or "moose saliva." BIZARRO.COM

11-8-15
Facebook.com/BizarroComics



SONS OF NORWAY

Fridtjof Nansen #6-009 Long Beach, CA

www.fridtjofnansenlodge.com

www.sofn6.com

Editor - Troann Mortensen Loy

9062 Kahului Dr.

Huntington Beach, CA 92646

tm4rb5@gmail.com

December 2015 ISSUE