

# Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

## NANSEN NEWS



Volume 85, Issue 7

September 2

### *Ord Fra Presidenten...*

Here we are almost into fall; hope you had a great summer but stayed cool in our hot weather.

We have some great events planned for you so mark the Lodge meetings on your calendar.

Sept. 12 we will be Chip Carving again with Luella; we will be working toward our Cultural skill pin.

Romina will be sharing with us about going to Camp Norge for language camp.

This will be a Potluck Lunch, please bring a dish:

A-H – Main Dish I-P - Dessert Q-Z – Salad

Come everyone is welcome even if you do not want to carve, come for the company.

In October Prof. Tonsing will be back to share with us about Trolls.

And in November Judith Gabriel Vinje will be here to teach us Norwegian weaving.

You will not want to miss a month. We will be having more cultural skill opportunities next year too. This is a great opportunity to bring a friend. We need to help our lodge grow and we can do it together.

**Ga i fred (Go in peace) – Troann**



## SONS OF NORWAY

Our next meeting is on Saturday,

**Sept. 12, 2015 at 12:00 pm at:**

Christ Lutheran Church  
6500 Stearns Avenue  
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

*We welcome everyone of all ages. You do not have to be Norwegian!*

**[www.fridtjofnansenlodge.com](http://www.fridtjofnansenlodge.com)**

**Check out our website. . .**

We have a website for the Lodge.


Tusen Takk to Roni Lion for keeping our website running.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2015  
Officers**

President:	Troann M. Loy	(714) 963-4830
Co-Vice President:	Johan Olsen & Sylvi Olsen	(714)537-9646
Treasurer	Phebe Fricioni	(562) 430-5092
Secretary:	Barbara Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director	Open	(562) 490-0801
Historian	Gail Taggert	(562)404-2582
Musician:	Judy Bohlen	(714)827-3913
Counselor:	Herman Holt	(562) 429-7638
Greeters:	Sylvi Olsen Jeanne Paige	(714) 537-9646 (562)429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Johan Olsen	(714) 537-9646
Social Director:	Terry Lord	(714) 369-2420
Trustees:	Dee Ronning	(559) 685-1488
	Herman Holt	(562) 429-7638
Auditor:	Patricia Lampe	

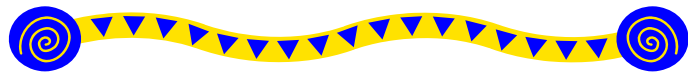


**TUBFRIM**

Save stamps for  
TUBFRIM

Cut cancelled stamps off envelopes  
leaving  
1/4 to 1/2 inch  
around the edges.

Deliver stamps  
to any lodge meeting.



**Bring your clipped stamps to our next Lodge meeting. Cleone is collecting them for us.**

**Camp Norge. . .**

Sons of Norway Recreation Center  
2560 Canyon Mine Road (P.O. Box 622)  
Alta, CA 95701  
Telephone: 530-389-2508  
campnorge@yahoo.com

*“A little bit of Norway in the  
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

**Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.**



**Helping you find the path to a secure financial future**

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199  
Cell: (818 )667-6627  
Fax: (818) 905-5785

# HAPPY 85TH ANNIVERSARY FRIDTJOF NANSEN LODGE

JUNE 6, 2015

We enjoyed a wonderful celebration at the Recreation Park 18th Hole Restaurant. We had 43 members and guests, some of whom came quite a distance, to celebrate with us. We had the pleasure of Sverre Tofte, Pastor of the Seaman's Church, join us and present the invocation and lead us in the Norwegian table prayer. The buffet luncheon was delicious and the restaurant did an outstanding job of making several traditional dishes for us. Mary Beth Ingvoldstad presented a talk about her journey through many years as a member of Sons of Norway as well as travels to Norway and finding family history there. Luella Grangaard presented information on how to earn cultural skill points and achieve recognition in the many categories available. Music was provided by Nordic Folk Gig - four gentleman who played the accordion, the violin/fiddle, the guitar and stand up base. They played a variety of music and everyone enjoyed their performance. There were momentos for sale as well as raffle items and a silent auction. Dessert was served as Troann acknowledged the Proclamations received from the city of Long Beach. It is an honor to be recognized by these dignitaries. The celebration culminated with everyone singing Norway O' Norway. It was a grand tribute to the longevity of our Fridtjof Nansen Lodge.

Respectfully submitted,

Barbara Shepard - Secretary





**A Bit of Humor. . .** *Vell, it seems Ole got himself a job as a busdriver. Sven says "So Ole, does your bus go to Duluth?" Ole says "No, No. It goes beep beep."*

In an apparent copycat terrorist act, terrorists Sven and Ole Binladenstrom have hijacked a Goodyear blimp. So far, they have bounced off 5 buildings.

Sven and Ole are visiting a relative in Texas. Walking along the street, they see a sign on a store front which reads:

- \* Suits \$5.00 each
- \* Shirts \$2.00 each
- \* Trousers \$2.50 per pair.

Sven says to his pal, "Hey Ole! LOOK! We could buy a whole lot of dem, and ven ve get back to Minnesota, ve could make a fortune. Now ven ve go into the shop, you be quiet, okay? Yust let me do all da talkin' cause if dey hear our Minnesota accent dey might tink ve are dumb Norwegians and try to raise da price. But, I can speak with a perfect Texas drawl."

They go in and Sven drawls out an order for 50 suits at \$5.00 each, 100 shirts at \$2.00 each and 50 pairs of trousers at \$2.50 each.

The owner of the shop says, "You're Norwegians from Minnesota, aren't you?"

"Uff da!" says a surprised Sven. "How'd you know dat?"

The owner says, "Cause this is a dry-cleaners."

## Kalendaren – Calendar



September:

6 – Labor Day

12 – Lodge Meeting-Chip Carving and Potluck

A-H – Main Dish I-P - Dessert Q-Z – Salad

13 – Grandparents Day

October:

10 – Lodge Meeting – Prof. Tonsing back to tell us about Trolls

## This Month's Birthdays. . . Gratulerer Med Dagen



### August

- 15 – Romina Solberg
- 19 – Terry Lord

### September

- 2 – Joan Dirksen
- 26 – Gail Taggart
- 28 – Troann Loy
- 30 – Herman Holt



# Sons of Norway 24th Annual Weekend Southern California Kretsstevne

## Friday, Oct. 23 - Sunday, Oct. 25, 2015

### SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park  
1455 S. San Gorgonio Avenue, Banning, CA 92220

<http://koa.com/campgrounds/banning-stagecoach>

Play Bingo Friday night and Bid on Silent Auction items Saturday

- Learn some Folk Dances. Enjoy Music, Singing, Heritage Crafts, and Camaraderie
- Cultural Food Demonstrations, Heritage DVD programs and/or Slide Show program
- Enjoy a side tour to Gilman Historic Ranch & Wagon Museum on Saturday, 1:00 – 3:00 pm



I.

#### \*\*\*\* Lodging Options \*\*\*\*

Limited number of RVs (4) and Park Models (3) for rent. Pricing is for two nights

Park Model – bedroom and foldout couch	\$130.00
RV – various sizes and accommodations, TBD	\$ 95.00
RV space, full hookups	\$ 65.00
Tent space	\$ 50.00

Please complete the registration form below and mail with your check made out to:  
Kretsstevne. Mail by October 10 to:

Southern California

**Nancy Madson, SCK Registrar**  
28-351 Via Las Palmas  
Thousand Palms, CA 92276

Home phone: (760) 343-0848

e-mail: [norsknm@earthlink.net](mailto:norsknm@earthlink.net)



cut here and mail

Phone L

SCK Registration Fee – all attendees \_\_\_\_\_ Adults @ 7.50 each/Family \$15.00 \$ \_\_\_\_\_

Includes commemorative Rosemaled Kretsstevne pin for adults

Fri. Night Soup & Salad Dinner \_\_\_\_\_ Adults @ \$8.00 each \_\_\_\_\_ Children under 12 Free \$ \_\_\_\_\_

Sat. Norwegian Pancake Breakfast \_\_\_\_\_ Adults @ \$4.00 each \_\_\_\_\_ Children under 12 Free \$ \_\_\_\_\_

Sat. Hot Dog in Lefse Lunch \_\_\_\_\_ Adults @ \$5.00 each \_\_\_\_\_ Children under 12 Free \$ \_\_\_\_\_

Sat. Tri-Tip Dinner \_\_\_\_\_ Adults @ 12.50 each \_\_\_\_\_ Children under 12 Free \$ \_\_\_\_\_

Sun. Egg Bake Breakfast \_\_\_\_\_ Adults @ \$4.00 each \_\_\_\_\_ Children under 12 Free \$ \_\_\_\_\_

Lodging: Use pricing from above - Circle one

Park Model \_\_\_\_\_ RV rental \_\_\_\_\_ RV space \_\_\_\_\_ tent space \$ \_\_\_\_\_

TOTAL AMOUNT, check written out to: Southern California Kretsstevne

\$ \_\_\_\_\_

# Bunad Camp 2016



## All About Bunads

Bunads come in many varieties ranging from exquisitely embellished with trims or embroidery on wool or with no embroidery at all and made of cotton. Make your own custom bunad or hverdagsdrakt (everyday bunad) whether it is elaborate or simple. Expert dressmaker, Sue Sutherland will help you make the bunad you have always dreamed of.

- April 4-7 2016
- Taught by Sue Sutherland of Bunad Butikken
- A selection of imported fabric will be available to purchase to customize your own bunad
- Registration is \$300 plus lodging and materials for Sons of Norway members; \$350 for non-members.
- Individual instruction in authentic embroidery and construction
- Class size is limited to 12 students



For more information contact Pamela: 707-778-8120  
Or email to [clothcrafter@sbcglobal.net](mailto:clothcrafter@sbcglobal.net)

Camp Norge  
250 Canyon Mine Road  
Alta, CA





Romina had a great time at Camp Trollfjell. She will be sharing her stories at Sept. meeting.



Theater Project: The Epiphany The Norwegian-American Veterans Theater Project—"The Epiphany", a play by Peer Gynt Lodge member Bruce Olav Solheim, Ph.D., Distinguished Professor of History, Volunteer Veterans Advocate, and Playwright will premiere on November 6th, 2015 at Citrus College in Glendora, Ca. Prior to the performance on November 15th, there will be a reception honoring resistance fighters. Peer Gynt lodge has been asked to host the reception. If you are interested in participating by providing Norwegian baked goods or assisting in serving during the reception, please notify John Aasness at [tightlines@earthlink.net](mailto:tightlines@earthlink.net), (310) 676-5111.

### Sandvik's Stew

#### Ingredients:

Stew meat	Onion, sliced
Potatoes, quarters	Cream of Mushroom Soup
Carrots, sliced	Cream on Tomato Soup
Salt and pepper	

Taken from the Global Gourmet by Concordia Language Villages, Moorhead, Minnesota  
A favorite wintertime supper for Beverly Deeds, Edina, Minnesota, is this warming soup accompanied by slices of Swedish limpa bread and brick cheese. Tester Lisa Riddle, Minneapolis, found it as delicious as it is easy to make.

#### Directions

Layer the above in order listed in a roaster. Mix one can Cream of Mushroom Soup and one can Cream of Tomato Soup together. Pour over. Do not add water. Cook in roaster, covered, for 5 hours at 250 degrees. Do not uncover while cooking.

Luella Grangaard is coming to our Lodge Meeting on September 12, 2015 to continue teaching us the Norwegian skill of **Chip Carving**. This is a great opportunity to work on our Cultural Skills pin. See the supply list you need to bring. If you do not want to carve come and watch and have lunch with us.

WE ARE STARTING EARLY AT 12:00PM.

## Introduction to Chip Carving - September 12, 2015

### Material required:

- Large or small blade chip carving knife
- Pencil
- Easer
- Ruler
- Recommend a sharpening strop or fine sharpening stone
- Recommend a copy of the Sons of Norway Culture Skills Unit on Chip Carving



Basswood will be provided for a \$2.00 charge to the instructor

### Resources

The knife can be purchased at **Woodcraft** 10770 Talbert Avenue/Fountain Valley, CA 92708

Call Us: 714-963-9663 or online at [www.woodcraft.com](http://www.woodcraft.com)

**Rockler Woodworking and Hardware**, 20725 Hawthorne Blvd, Torrance, CA 90503 or online at [www.rockler.com](http://www.rockler.com).

I prefer the Flexcut knife because of the ergonomic handle. The knife is priced between \$20-\$22.



**SONS OF  
NORWAY**

Fridtjof Nansen #6-009 Long Beach, CA

[www.fridtjofnansenlodge.com](http://www.fridtjofnansenlodge.com)

[www.sofn6.com](http://www.sofn6.com)

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