

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 85, Issue 4

April 2015

Ord Fra Presidenten...

It is time for our "Norwegian Heritage Open House". This will be the 4th year we have hosted our Open house. Each year the open houses have been better and I know this event will be better yet. So on Saturday April 11, 2015. At 12:00 we want to open our Lodge to any interested parties. We want to have the Church Social Hall all decorated with our Norwegian Heritage and Cultural items. Bring what you would like to share. We will be serving lunch with a raffle. We will have tables to display. . .

- Norwegian Jewelry
- Hardanger Hand work
- Bunads
- Rosemaling
- Linens

There will be 2 Vendors selling Scandinavia items. We will have a booth also. We want to sell items to make money to go to our scholarship fund.

We need everyone to help. We will need help in the kitchen with the food.

We need lots of people to man the booths, help with greeting, running the raffle and help in the kitchen. I am looking forward to all the fun.

Ga i fred (Go in peace) – Troann



SONS OF NORWAY

Our next meeting is on Saturday,

April 11, 2015 at 12:00 pm at:

Christ Lutheran Church
6500 Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (714) 928-5975.

Note: We do not meet in July or August.

We welcome everyone of all ages. You do not have to be Norwegian!

www.fridtjofnansenlodge.com

Check out our website. . .

We have a website for the Lodge.

Tusen Takk to Roni Lion for keeping our website running.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**2015
Officers**

President:	Troann M. Loy	(714) 963-4830
Co-Vice President:	Johan Olsen & Sylvi Olsen	(714)537-9646
Treasurer	Phebe Fricioni	(562) 430-5092
Secretary:	Barbara Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
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Musician:	Judy Bohlen	(714)827-3913
Counselor:	Herman Holt	(562) 429-7638
Greeters:	Sylvi Olsen Jeanne Paige	(714) 537-9646 (562)429-3093
Marshall:	Phillip Knudsen	(562) 308-8763
Marshall:	Johan Olsen	(714) 537-9646
Social Director:	Terry Lord	(714) 369-2420
Trustees:	Dee Ronning	(559) 685-1488
	Herman Holt	(562) 429-7638
Auditor:	Patricia Lampe	

TUBFRIM



Save stamps for
TUBFRIM

Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.



Bring your clipped stamps to our next Lodge meeting. Cleone is collecting them for us.

Camp Norge . . .

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*“A little bit of Norway in the
Sierra Mountains at Alta, CA”*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.



Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: (818) 986 -7199
Cell: (818)667-6627
Fax: (818) 905-5785

Minutes from our Lodge Meeting

Fridtjof Nansen Lodge #6-009

Minutes 3/14/2015

Our meeting hall was decorated in a festive St. Patrick's Day theme. As always, we enjoyed a delicious potluck luncheon provided by the members.

The meeting began with singing the National Anthems followed by the Pledge of Allegiance.

Troann announced that Save the Date cards for our upcoming 85th anniversary on June 6, 2015 have gone out. We are looking forward to a good turnout for this milestone. Our yearly open house will be April 11, 2015 and will be advertised in the Long Beach Press Telegram and other local newspapers. Members are asked to bring Norwegian memorabilia/artifacts to display (not to be offered for sale). The event will be from noon until 3:00PM and Norwegian food will be available. We would like everyone to attend and participate as this is an important event to increase our membership.

John & Sylvi Olsen will be leading our meeting on 5/9/2015 as Troann and Phebe will be at Camp Norge working on their Bunads.

We will be celebrating Syttende Mai at the Peer Gynt Lodge in Culver City. We will meet at Christ Lutheran Church and car pool from there. There is a \$15.00, per person, charge for lunch at the event. Please let John or Troann know if you will be joining us.

Happy birthday was sung to Jeanne Holt and Sylvi Olsen as they celebrated March birthdays.

John, Troann and Gail presented our program today. The theme was celebrations in Norway and how they resembled or were different from ours. Easter is a very big holiday in Norway as it is here including lots of Easter eggs and Easter egg hunts. Weather permitting the arrival of sunny days is celebrated at the beach and most holidays include coffee, Norwegian beers, Akvavit and orange soda. Of course, Syttende Mai is a huge holiday in Norway and, as with most of their celebrations, children are included to participate in the festivities.

The 50/50 drawing was won by Jeanne Holt.

The meeting was closed singing 'Norway O Norway'.

Our next meeting will be April 11, 2015 which is our Norwegian Open House. Hoping to see everyone there.

Respectfully submitted,
Barbara Shepard - Secretary

A Bit of Humor-

Ole and Lena was at the kitchen table for the usual morning cup of coffee and listening to a weather report coming from the radio. "There will be 3 to 5 inches of snow today and a snow emergency has been declared. All vehicles should be parked on the odd-numbered side of the streets today to facilitate snowplows," the radio voice declared. "Oh, gosh, OK," said Ole, getting up, bundling up and heading outside to dutifully put his car on the odd-numbered side of the street. Two days later, Ole and Lena were at morning coffee when the radio voice said: "There will be 2 to 4 inches of snow today and a snow emergency has been declared. You must park your vehicles on the even-numbered side of the streets." Ole got up from his coffee as before. He bundled up, shuffled off, and put his car on the even-numbered side of the street. A few days later, the couple was at the table when the radio voice declared: "There will be 6 to 8 inches of snow today and a snow emergency has been declared. You must park your cars on the ..."and just then, the power went out. "Park it vere?" Ole asked in the dark, "Vat should I do?" "Aw, to heck with dem, Ole," Lena said, "Don't worry about it today. Yust leave da car in da garage."

Ole says: "Da vorst part about being over da hill is dat you don't remember ever being on TOP of it."

Lena: (watching a funeral procession) "Who died?"

Ole: "I tink it vas da guy in da casket."



Romina – the cutest Irish Viking ever.

Kalendaren – Calendar



April

1 – April Fool's Day – watch out

4 - Passover

5 – Easter

11 – Our Norwegian Heritage Open House

12:00pm to 3:00pm

18-19 - Scandinavian Festival
Cal Lutheran University

This Month's Birthdays. . . Gratulerer Med Dagen



April:

10 – Francis Hertzog

11 – Jack Mason

19 – Barbara Shepard

30 – Cleone Hatwan

Scandinavian Festival 2015 April 18-19

Address: Cal Lutheran Campus, 60 East Olsen Road, Thousand Oaks, CA 91360

Admission: 10:00am – 5:00pm Adults: \$10

Teens: \$5 and Kids are free



Both days of the Festival are filled with music, dancing, food, lectures, demonstration, vendors and activities for young and old alike. The Viking Encampment and Sami Village will once again be present. For information on activities, see the Festival Website. Some examples of family activities: Family Activities Head wreaths: Make a head wreath with real flowers and ribbon! Good for all ages and boys and girls, men and women alike. Maypole: We will raise the Maypole and dance around it while singing traditional songs. Kubb: Come learn the ancient game of the Vikings. It's a bit like horseshoes, but without horseshoes or the stake. Croquet: Try your hand at hitting the balls through our Dala Horse hoops. Festival Stage: Music, singing and dancing will change hourly. On Saturday at 10:30 the Festival will open with a colorful parade of flags, along with dignitaries from the Scandinavian countries. Many will be in Old World costumes. Food Court: In the food court, you will find a variety of Scandinavian foods such as Swedish Meatballs, Aebleskivers, Swedish Pancakes, Lefse, Danish Pastries, and more. Craft and Food Demonstrations: Ever wondered how to make Krumkake or tried making bobbin lace? Demonstrations will take place on both days. This event is sponsored by the Scandinavian American Cultural and Historical Foundation with support from California Lutheran University. For more information about the Scandinavian Festival, please e-mail iwindsor@sbcglobal.net



Microwave Rømmegrøt Ingredients 4 c. 2% milk or 3 c. half & Half and 1 c. milk 1 c. butter 1 c. flour 3/4 t. salt 1/4 c. sugar Directions Heat milk slowly in a kettle. Meanwhile, melt butter in the microwave in a 2 qt. bowl. Stir flour into the melted butter with whisk until smooth. Cook until it bubbles, about 1 minute. Stir hot milk into the flour and butter mixture. Use a wire whisk to stir until smooth. This is like making a white sauce. Return to the microwave and cook and stir until it reaches the desired thickness, about 2 minutes at a time for a total of 4 minutes. Add salt and sugar, cook a little more. Serve warm with cinnamon and sugar and maybe a little more melted butter. This is a very rich milk mush or milk soup. This will make about six servings.

My Mother's Lefse

Enjoy wonderfully fine LEFSE for your holidays and special occasions!

Orders taken by phone: 714-993-0441 Cell phone: 714-293-3129 And through e-mail: carolcallahan@gmail.com

**Sons of Norway Lodge—Peer Gynt Lodge 6-022
3835 Watseka Ave., Culver City**

Coming events:

April 11 th – Western Night BBQ Dinner

May 16th - We are going to carpool to Peer Gynt lodge to celebrate Syttende Mai, Flag Raising and lunch, fee is \$15.00. Let John Olsen know if you can go right away. Bring your fee to April meeting and give to John. We will be leaving church parking lot at 11:00am





Norwegian Heritage Open House

Fridtjof Nansen Lodge

-Sons of Norway Lodge of Long Beach

Saturday-April 11, 2015

12:00pm to 3:00pm



Event for the whole Family. . .

Come to learn about your Norwegian Heritage and Culture. . .
Lefse demonstrations and Krumkake cookies and a life lunch . . .
Displays of Rosemaling, Hardanger Embroidery and Bunads . . .
Crafts for the Children . . . and lots more.

Find out about the benefits of being a Sons of Norway member

Christ Lutheran Church – 6500 E. Stearns – Long Beach, CA.

For more information (562) 430-5092



Join the Trollfjell Team!!

Camp Trollfjell needs a Rosemaling Instructor, a Norwegian Folk Dance Instructor and an Assistant "Chef"!

If you have an interest in any of these three positions, please contact Erik Peters at erik.peters@me.com.

Also, check out all the information about Camp Trollfjell and Trollfjell Folkehøgskule at sofn6.org.



SONS OF NORWAY

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www.sofn6.com

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