

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 83, Issue 4

April 2013

Ord Fra Presidenten...

I am sad to say the because of a new job and a very busy schedule Vanessa Lion has resigned as our Vice President. I know I will miss her willingness to get involved to help the lodge. She and her family will still be members of the lodge and so we are not losing her. Vanessa we wish you much luck on your future endeavors but we will see you the 2nd Saturday of every month.

We now have an open position on the board, if you know anyone who would like to be our VP, let me know.

April is our **Heritage Open House** to share our culture and good food with everyone. Please bring your Norwegian items and pictures to share. May we are having a **Troll month**. Come and find out what the Trolls bring.

Syttende Mai is just around the corner. Make sure you have made your reservations.

June is so exciting. We are having our District VP Mary Beth come to town with her **Heritage story and her trunk show**. Please join us and bring a friend.

There was no secretary minutes at the time of this printing.

DO NOT FORGET WE WILL BE DARK IN JULY AND AUGUST.

Ga i fred (Go in peace) - Troann



SONS OF NORWAY

Our next meeting is on Saturday,

April 13, 2013 at **12:30 pm** at:

Christ Lutheran Church
6500 Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (562) 437-5160.

Join us for our next event, on April 13 at **12:30 pm**. We will be having a Norwegian Heritage Open House. Bring family and friends to share in your Norwegian Heritage and Culture.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Kalendaren...

April

1 & 2 Passover

13 – Norwegian Heritage Day

15- Tax Day

20 & 21 -Scandinavian Day at Cal Lutheran
University Thousand Oaks, CA

22 –Earth Day

26 – Arbor Day

May

11 – Lodge Meeting

12-Mother's Day

Lunch and a program to learn about your Trolls

17 – Syttende Mai

27-Memorial Day

June

5- Lodges 83rd Anniversary Luncheon

Trunk Show by Mary Beth Ingvaldstad

16-Father's Day

This Month's Birthdays...



April

10-Francis Hertzog

11-Jack Mason

19-Barbara Shepard

30-Cleone Hatwan

Camp Norge...

Sons of Norway Recreation Center

2560 Canyon Mine Road (P.O. Box 622)

Alta, CA 95701

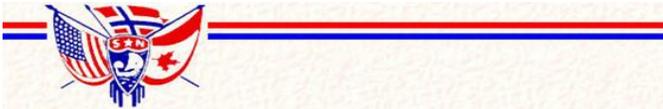
Telephone: 530-389-2508

campnorge@yahoo.com

*"A little bit of Norway in the Sierra Mountains at Alta,
CA"*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The



Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: 818-988-7199

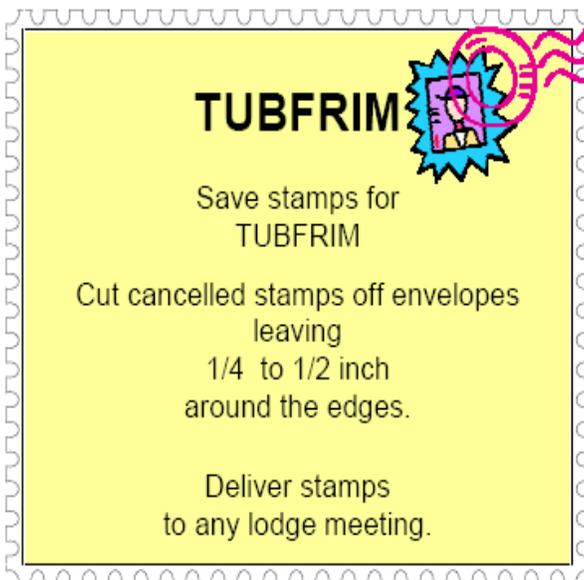
Norwegian Names

Naming a child is a big job. That little person will grow into their name and most likely live with it for their rest of their life.

There are many reasons behind a decision of a name. Family names might trump all others, modern names in order to keep up with trends, unique or uncommon names in order to stand out, or cultural names with means of upholding a heritage. These motives all play a role in the decision that creates a person's identification for years to come. The United States is home to millions of Norwegian descendants, many of whom proudly embrace Norwegian first and/or last names. But where do these names come from? Passing down family names is common in many cultures but most specifically in Norwegian history when the process of naming a child was already planned depending on birth order. The first son was named after the paternal grandfather and the second son was named after the maternal grandfather. Any sons after that were named after the great grandfathers in no particular order. Surnames were taken by root of their father's first name creating a patronymic. For example Ole Andersen's son's name would be Anders Olsen, deriving the first name from the paternal grandfather and the surname from the father. Conversely the daughter's surname would become Andersdatter. When arriving in the US though Norwegians arrived with three names, the third being the name of their family farm in Norway. Some families adopted the farm name as their official surname and others decided on one patronymic for the family such Olsen or Andersen. In most cases the decision was based on how well the name could be written and pronounced in English. To learn more about this, visit the NAHA website at st.olaf.edu/naha/genealogy/naming.htm



Bring your clipped stamps to our next Lodge meeting. Cleone is collecting them for us.



In today's world, most specifically within the US there are a variety of names deriving from thousands of nations and backgrounds.

In Norway however there is a law regulating which names can and cannot be used. In 2003 the law was altered to allow more freedom of choice when choosing a name, though the law is met with mixed emotions in Norway. The list of names is long and typically stands to benefit the future of the child being named or the person changing their name. For example the names Adolf and Vidkun are considered to hold negative connotations in Norway. This law prevents unusual or damaging names from taking hold. Nevertheless there are plenty of beautiful and traditional Norwegian names to choose from. These are the latest and most popular names

Top Boy Names

1. Lucas/Lukas
2. Emil
3. Mathias/Matias
4. Jonas
5. Alexander/Aleksander
6. William
7. Oskar/Oscar
8. Magnus
9. Markus/Marcus
10. Oliver

Top Girls Names

1. Nora/Norah
2. Emma
3. Sofie/Sophie
4. Linnea/Linea
5. Sara/Sahra/Sarah
6. Emilie
7. Ingrid/Ingra
8. Thea/Tea
9. Leah/Lea
10. Sofia/Sophia

SCANDINAVIAN DAY AT CAL LUTHERAN UNIVERSITY THOUSAND OAKS, CA

APRIL 20-21, 2013

SOLBAKKEN LODGE HAS BUS GOING
CALL CASEY OBRIEN 1- 714 - 738 5519.

2013 Officers

President:	Troann M. Loy	(714) 963-4830
Vice President:	Open	
Treasurer	Phebe Fricioni	(562) 430-5092
Secretary:	Barbara Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director	Dee Ronning	(562) 490-0801
Historian	Dee Ronning	(562) 490-0801
Musician:	Judy Bohlen	
Counselor:	Herman Holt	(562) 429-7638
Greeter:	Jeanne Holt	
Marshall:	Phillip Knudsen	(562) 424-1384
Social Director:	Vacant	
Trustees:	Dee Ronning	(562) 490-0801
	Herman Holt	
Auditor:	Patricia Lampe	

BIT OF HUMOR::

Q: Why did the Norwegian take a ladder with him to the supermarket?

A: Because he'd heard the food prices in Oslo were extremely high.

Q: Why did the Norwegian bring a rolled-up piece of sandpaper to the desert?

A: Thought it was a map.

Q: How do you sink a Norwegian submarine?

A: Scuba-dive down and knock on the door.

Q: How do you sink a Norwegian submarine again?

A: Dive down and knock on the door again. Wait for them to open the window and say, "You aren't fooling us this time!"

Q: How do you sink a Danish submarine?

A: Dive down and knock on the window. Wait for them to open the door and say, "Come on, who do you take us for? Norwegians?"

Q: How do you sink a Swedish submarine?

A: Give it a Norwegian crew.

Q: How do you say "genius" in Norway?

A: Tourist.

-Two Norwegians are driving at night. The driver starts to worry something is wrong with his blinkers so he pulls over and asks the other Norwegian to get out and check them.

"Hey," the guys yells from the front of the car, "It works... Wait it doesn't work... No now it works... Wait it doesn't work... No wait, now it works... Oh sorry, it doesn't work..."

Save stamps . . .

Don't forget to save the canceled stamps from your Christmas cards trim them and bring them to Cleone Hatwan at our next Lodge meeting.



The Role of Viking Women

A new thesis by Marianne Moen may offer some new insights into the complexities of women's roles in Viking society.

In her paper, *The Gendered Landscape*, Moen cautions that scientific interpretation of archeological burial findings may be selling Viking women short. "To assume that Viking men were ranked above women is to impose modern values on the past, which would be misleading," says Moen. For example, in the famous Oseberg ship excavation of 1904 archeologists were stunned to discover two female skeletons rather than a king or chieftain. "The first theories suggested that this must be the grave of queen Åsa mentioned in Snorr's Ynglinga saga, and that the other skeleton was her slave servant," says Moen. Carbon dating of the ship to around 834 AD later disproved this theory. Since the Oseberg ship excavation bears such similarities to the Gokstad (1880), Moen asserts it is reasonable to believe that the women buried with the Oseberg ship held important status—status that Moen warns may not necessarily be tied to "who she was married to or had mothered."

Moen also asserts that too much historical credence may be given to historical texts. "Our perception of religion's influence in the society is based on texts written hundreds of years afterwards, by men from a different and more misogynistic religion." She goes on to say, "As archaeologists we have to base our analyses on archaeological material. Historical material do have some value, but only as secondary sources," says Moen.

While more graves belonging to men have been discovered than those of women, Moen suggests that identification of the archeological findings may not be clearly male or female. In situations where human remains aren't available, archeologists rely on the type of objects present to identify a burial site. "There have also been cases of male graves with beads and woven cloths, and women were sometimes buried with smaller weapons, for instance arrowheads. Generally it is fairly obvious what constitutes male or female objects, but the lines were sometimes blurred," says Moen.

Moen suggests, "If it is the case that women belonged to the private sphere of the home and men were in the public sphere of society, this should be reflected in the burial landscape." However, burial sites in the Kaupang area that Moen has studied contain side-by-side graves of both men and women with equal prominence. "The domestic role of Viking women may have been less limited to the private sphere than it is today. The large estates were contemporary seats of power, and the woman of the house had the keys. How private or public this role was should be interpreted outside our own cultural context," said Moen.



Oslo is Ready to Shine

Rio de Janeiro, Accra, Ningxia and Oslo. All towns listed in the New York Times as destinations that should not be missed in the coming year. Among the list of 46 carefully selected destinations, Oslo is the only city in Scandinavia mentioned

Despite the fact that it has been easy to overlook small Oslo in the company of other Scandinavian capitals, the Tjuvholmen and Astrup Fearnley Museums helped to change this impression, writes the American newspaper Tuesday.

They emphasize that the interior and the architecture of Oslo's waterfront gives the neighborhood an artistic touch.

Furthermore, the newspaper said, the Maaemo restaurant has captured the world's eyes after receiving two Michelin stars after being open for only one year.

Again, this proves why Oslo is ready to shine.

“This is associated with urban development in Oslo in recent years, especially with a phenomenal attention from the U.S. regarding the opening of the Astrup Fearnley last September. The sale of Scream peaked international media attention around Oslo in many ways”, says a delighted Tor E. Sannerud, CEO of Visit Oslo, told Aftenposten.

He believes that Norway could be better off emphasizing the capital as a tourism product rather than just focusing on the fjords and mountains

Old industrial areas are converted to cultural and recreational areas. Just look at the Norwegian Opera with 1.6 million visitors in 2012. The Holmenkollen area with both the cross country and biathlon stadium are also strong cultural investments. And there will definitely be new investments in the near future. “We may not have seen so many cultural investments in Oslo ever that we have experienced over the last decade”, says Sannerud to Aftenposten.



We want to send out a special Tusen Takk to Pat Lampe. She has been so kind as to do our audit every year. We did pass with flying colors, this is do to the great work of Herman Holt; and a Tusen Takk to you too Herman.

www.fridtjofnansenlodge.com

Check out our website. . . We have a website for the Lodge. Tusen Takk to Roni Lion for keeping our website running.

Campfire Bread with Hot Dogs and Homemade Tartar Sauce

This bread can be prepared at home by mixing dry ingredients in a plastic bag at home. When it is time to bake the bread, just add your liquid of choice (water, milk or buttermilk) and butter and work into dough.

Bread Dough

- 1¾ cups flour
- ½ tsp salt
- 2 tsp baking powder
- 3 tbsp butter
- ¾ cup water, milk or buttermilk
- 4 hot dogs
- 4 slices of bacon
- 4 slices of cheese

Combine dry ingredients with butter and stir until texture is grainy. Add liquid (water, milk or buttermilk) to mixture and work into a dough-like consistency. Divide into 4 pieces and roll dough into a sausage shape. Wrap a slice of bacon and cheese around each hot dog. Next, twist dough around wrapped hot dog and skewer with a stick. Carefully heat hot dog over campfire and grill until cooked.

Homemade Tartar Sauce

- ½ cup crème fraîche
- ¼ cup mayonnaise
- ½ cup chopped pickles
- 1 tbsp curry
- salt and pepper

Combine ingredients and season with salt and pepper to taste.



EARTH DAY

APRIL 22, 2013

HUG - A - TREE

Norwegian Heritage Open House

Come learn about Norwegian Heritage and
Culture

Saturday April 13, 2013

12:00pm to 2:00pm

It is fun to be Norwegian.



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