

Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

NANSEN NEWS



Volume 82, Issue 10

December 2012

Ord Fra Presidenten...

What fun we all had at the November meeting will Kirsten, Krista and Jessica making lefsa for everyone to try it was great. I think everyone enjoyed the instant potato lefse. We enjoyed trying it.

It is time to elect officers for 2013. We are lucky to have devoted people who want to continue in their office position and support the Fridtjof Nansen Lodge. Thank you to all. I want to personally thank Herman Holt for being our treasure for 18 years. He has done an amazing job. I am sure when he said he would be treasurer 18 years ago he had no idea he would be stuck in the job so long. Herman for all you have done, Tusen Takk! Make sure you come to our Christmas Celebration on December 8th when Jessica will be our St. Lucia. Come for great food, singing a cheer.

DO NOT FORGET TO BRING CAN GOODS FOR NEEDY FAMILIES. We are so blessed let's remember to share with others.

Ga i fred (Go in peace) – Troann



SONS OF NORWAY

Our next meeting is on Saturday,
December 8th at **12:30 pm** at:

Christ Lutheran Church
6500 Stearns Avenue
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (562) 437-5160.

Note: We do not meet in July or August.

Join us for our next event, on
Saturday, December 8th,
at 12:30 pm.

This meeting is our God Jul
(Christmas) Celebration.



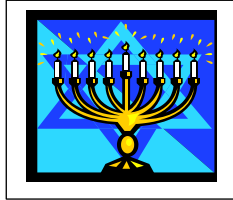
The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Kalendaren – December 2012

7 – Pearl Harbor Remembrance Day



8 – Lodge Meeting- Christmas Celebration



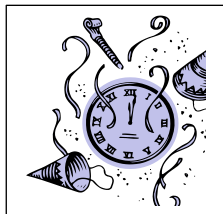
8 – Chanukah Begins

21 – First Day of Winter

25 – Christmas Day



31 – New Year's Eve



This Month's Birthdays:

14- Dee Ronning

22 – Gunvor Anderson

27 - Robert Weiser

Camp Norge

Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.

Sons of Norway Recreation Center
2560 Canyon Mine Road (P.O. Box 622)
Alta, CA 95701
Telephone: 530-389-2508
campnorge@yahoo.com

*"A little bit of Norway in the
Sierra Mountains at Alta, CA"*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.



Helping you find the path to a secure financial future

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: 818-988-7199

Cell: 818-667-6627

Fax: 818-905-5785

Christmas in Norway

Christmas time is a cozy celebration full of food, gifts and many traditions. Today Norway's Christmas traditions are a combination of hundreds of different customs from all over Europe. Here are some that are well known.

Christmas Food - Christmas foods are something very special. When someone says Christmas, food is almost immediately the next thought. For many of us the feeling of Christmas is tied directly to eating plenty of good holiday foods. On Christmas Eve lutefisk and Christmas ribs or pinnekjøtt are eaten. Rice cream and caramel pudding are eaten for dessert. On Christmas day sweet treats like pepperkaker (ginger snaps), syrup snipper (crisp diamond cookies), Christmas knekk (flat bread), krumkaker (cardamom coneshaped wafers) and marzipan are consumed.

Christmas Decorations - Decorating a Christmas tree with Christmas candles has been a tradition since trees have been put in living rooms for Christmas. This dates back to the 1600's. The candle symbolizes life and happiness in a dark time and is a perfect holiday decoration – as long as one is cautious of not starting a fire.



Many other types of Christmas decorations became widespread in the 1800's. It was very special to decorate the Christmas tree, while some decorations were also made into heart baskets that could hold sweet treats, cakes, raisins and fruits.

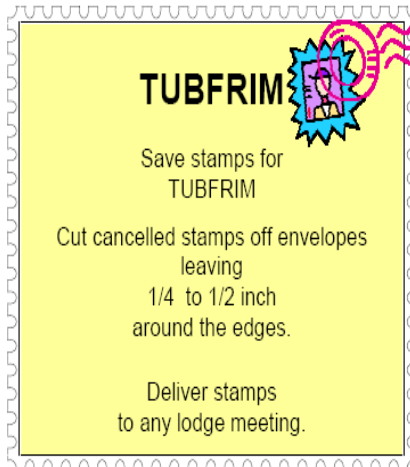
Christmas songs - Among some of the most popular Christmas songs are "I am so Glad Each Christmas Night", "A Child is Born in Bethlehem", and "In the Barn sits the Nisse with his Christmas Porridge." Norwegians know these songs so well they can sing them in their sleep – or at least while they walk around the Christmas tree.

Santa Claus (Julenisse) - The Nisse was found in almost every farmer's barn in the old days. They are pretty small and wear a red hat on their head. The Christmas Nisse want the farmers to be pleased with them, in return for their work they require Christmas porridge. One must not forget to leave out their porridge, because something can always go wrong on the farm as a payback.

Merry Christmas!



Bring your clipped stamps to our next Lodge meeting. Cleone is collectina them for us.



2012 Officers

President:	Troann M. Loy	(714) 963-4830
Vice President:	Vanessa Lion	(949) 310-6063
Secretary:	Barbar Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
Treasurer	Herman Holt	(562)429-7638
Cultural Director	Dee Ronning	(562) 490-0801
Historian	Dee Ronning	(562) 490-0801
Musician:	Judy Bohlen	
Counselor:	Herman Holt	
Greeter:	Jeanne Holt	
Marshall:	Phillip Knudsen	(562) 424-1384
Social Director:	Vacant	
Trustees:	Dee Ronning	(562) 490-0801
	Herman Holt	
Auditor:	Patricia Lampe	

The Viking Looks for a Permanent Home in Chicago

Believed to be one of most endangered historic sites in Illinois and one of the largest remaining artifacts of the Chicago World's fair, the Viking is looking for permanent home. Constructed in 1892 and 1893, the ship—a replica of the Gokstad—was sailed by a crew of 12 from Norway to Chicago, via the Erie Canal and Great Lakes for the Chicago World's Fair of 1893. At the close of the Fair, the Viking made it's way to New Orleans, and was later moved next to the Field Columbian Museum, a predecessor of the Museum of Science and Industry. In 1920 the ship was relocated to Lincoln Park Zoo and care of the ship transferred to the Commissioners of Lincoln Park, which later became the Chicago Park District. To make room for the Lincoln Park Zoo expansion in 1993 the ship's care was transferred to the Scandinavian American Council and it eventually was moved to a fabric shelter in Good Templar Park in Geneva, Ill. After several attempts to secure a more permanent home for the Viking, the Scandinavian-American Council dissolved in 2001. Since then Friends of the Viking Ship, a non-profit group established in 2008, is working toward the preservation, public display & creation of a permanent home for the ship. First conducting an assessment in 2007, then securing a \$52,000 grant from American Express & the National Trust for Historic Preservation for stabilization and preservation of the Viking ship and improvements to the ship's shelter. In September a key step in the nonprofit's mission came to fruition—obtaining trusteeship of the ship from the Chicago Park District. While the ship currently remains in Geneva, Ill., and preservation efforts continue, it is the goal of Friends of the Viking Ship to see the restored ship returned to a permanent, climate controlled home in Chicago. To learn more about the preservation of the Viking, or to plan a visit, go to



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The Nominating Committee presents the 2013 list of officers for election.

President – Troann M. Loy
Vise President – Vanessa Lion
Secretary – Barbara Shepard
Treasurer - Phebe Fricioni
Membership Secretary – Cleone Hatwan

We will vote on this roster at our December meeting.

We are very lucky to have our Zone Director Jo Ness at our January 12, 2013 Meeting. She will lead the installation of our officers.



Please join us for a
Celebration of Life
In honor of

Theodora Ann Darlene
Karlsen Kalthoff
"Thea"

Sunday, December 30
1-5 pm

Long Beach Assistance League Philanthropic Center
6220 E. Spring Street
Long Beach

Acceptances only by December 20
562-799-1923
mjoseph497@aol.com



Troll Quiz –

1). Where do trolls live?

- A. In the mountains
- B. In the rivers
- C. In the valley

2). What do trolls eat?

- A. Meat, cheese, and crackers
- B. Goats, oxen, cows, and other animals
- C. No meat, they're strictly vegetarian

3). Are all trolls mean and nasty?

- A. Yes, no exceptions, always mean
- B. No, all trolls are nice
- C. Some trolls are mean, some are nice

4). Has anyone ever been eaten by a troll?

- A. Yes, people are eaten by trolls all the time.
- B. No, people never have and never will be eaten by trolls.
- C. There has never been any survivors to tell their story.

5). What happens to trolls when they are exposed to sunlight?

- A. They scream with pain
- B. They turn to stone
- C. They run and hide

6). What do trolls look like?

- A. Long hair, big teeth, and a long tail
- B. Santa Clause
- C. A shabby looking creature, with long claws and sharp fangs



Answer to Troll Quiz:

1. A 2.B 3.C 4.C 5. B 6. A

A Bit More Humor. . .

Sven was out shopping in the mall when he met his friend Ole outside the Jewelry Store. Ole noticed that Sven had a small gift-wrapped box in his hand.

What have you just purchased Sven?" Ole asks.

Vell, now that you've asked," replies Sven, "It's my Lena's birthday tomorrow And when I asked her this morning what she wanted for her birthday, Lena said, "Oh, I dun know, dear, youst give me something with vots of diamonds.

"So what did you get her?" Ole asks.

Sven smirks and says, "I bought her a deck of cards."

www.fridtjofnansenlodge.com

GREAT NEWS!

We have a website for the Lodge. It is up and running thanks to a lot of hard work by Roni Lion and Troann Loy.

www.fridtjofnansenlodge.com

Check it out and let us know what you think.

ROSETTES

3 eggs
2 T sugar
2 1/2 dl (1 cup) full fat milk
3 1/4 dl (1 1/2 cups) flour
2 T melted butter

Whisk eggs, sugar, and milk lightly together. Sift over the flour and mix. Add the melted butter, mixing well. Refrigerate 30 minutes.

Heat the shortening or oil to 180 degrees C (350 degrees F).

Heat the rosette iron in the fat. Dip the iron into the batter. The batter should just reach the top of the iron, not over it. Deep fry in the fat until just stiff, about 1 minutes. Remove the rosette with a fork and drain on paper towels. Sprinkle with powdered sugar.



FRIDTJOF NANSEN LODGE #6-009

Minutes - November 10, 2012

A delicious lunch prepared by our President, Troann, and dessert prepared by Jessica and Vanessa was served at 12:30. Meeting began at 1:50 with the national anthems and Pledge of Allegiance. We welcomed guests Louise Sawyer and Jan May.

Troann's niece, Kirsten Mortensen and her friend, Krista Seaman, gave lessons and demonstrations in the art of making lefsa. They did an outstanding job and had lodge members join them in the preparation. Our bonus was in enjoying warm lefsa right off the griddle. It was delicious.

A memorial will be held in honor of Thea between Christmas and New Years. Details will be forthcoming. Judy is home and recovering nicely. Warren and Irma are still living at home but their health is declining and they are unable to attend meetings.

When asked for the word of the day Dee admitted she had left it at home! Maybe she will bring two next time.

October minutes were accepted and approved as submitted. October treasurer's report was accepted and approved as submitted.

Our yearly Christmas lunch and program will be held at our lodge meeting hall, rather than a restaurant, at 12:30 on Dec. 8th. It will be a potluck. Jessica will be St. Lucia. If you are planning to attend please let us know so we can prepare enough food.

The Seaman's Church in San Pedro will be hosting their annual Christmas festival on Nov. 16, 17 & 18th.

Our lodge will be collecting canned goods for the Salvation Army. Please bring donations to the December luncheon.

Bunad classes will be held at Camp Norge on 4/29/2013 - 5/3/2013 and 6/6/2013 - 6/10/2013. Troann encouraged any who would like to attend as it is fun and worthwhile. Troann and Phebe attended this year and Troann gave a presentation and shared pictures of their week there.

Meeting was adjourned at 2:15.

Respectfully submitted,
Barbara Shepard ~ Secretary



God Jul
God Jul
God Jul



Merry Christmas



Fridtjof Nansen #6-009 Long Beach, CA
www.fridtjofnansenlodge.com
www.sofn6.com

First Class

Editor: Troann Mortensen Loy
9062 Kahului Dr.
Huntington Beach, CA 92646
tm4rb@yahoo.com

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