

# Sons of Norway

Fridtjof Nansen Lodge #6-009 Long Beach, California

## NANSEN NEWS



Volume 82, Issue 5

May 2012

### *Ord Fra Presidenten...*

We had fun at our April meeting. Having the open house and everyone pitched in to help and it was a success. There was good food, fun crafts and lots of Sons of Norway and Norwegian information. Thank you to everyone.

Phebe Fricioni and I will be at Camp Norge from May 6 thur May 11 taking a Bunad class. This is a 2 year project. We will learn how to do the embroidery this year and have a year to complete it. Then we will go back next year and learn how to construct our bunad. We are very excited and looking forward to our trip.

IMPORTANT! Our May meeting is on the third Saturday in May. Write on your calendar May 19th at 12:30pm. Sharon and Alan Johnson are bringing a slide show from their trip to Norway. We are going to have a pot luck lunch so bring your favorite dish to share.

June 9th we will have 2 Norwegian fiddle players provide our program. You will not want to miss this special program. Have your friends and family join you.

Ga i fred (Go in peace) – Troann



## SONS OF NORWAY

Our next meeting is on Saturday, May 19th at  
**12:30 pm** at:

Christ Lutheran Church  
6500 Stearns Avenue  
Long Beach, CA 90815

Ample parking is available.

Our telephone number is (562) 437-5160.

Note: We do not meet in July or August.

*We welcome everyone of all ages. You do not have to be Norwegian!*

Join us for our next event, on  
**Saturday, May 19th**, at 12:30 pm.  
This meeting is a **potluck lunch**,  
followed by a **slide show of Norway**.

Bring a favorite dish to share.  
Beverages provided by the Lodge.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## **Kalendaren**

May 5: Cinco de Mayo



May 13: Mother's Day



May 19: LODGE MEETING



May 28: Memorial Day Holiday



## **This Month's Birthdays**

May 9: Phebe Fricioni



## **Camp Norge**

Sons of Norway Recreation Center  
2560 Canyon Mine Road (P.O. Box 622)  
Alta, CA 95701  
Telephone: 530-389-2508  
campnorge@yahoo.com

*"A little bit of Norway in the  
Sierra Mountains at Alta, CA"*

Camp Norge is a great place for family reunions, big or small church retreats, youth camp outings and snow trips. Camp Norge leaves plenty of space for individual and family use.

**Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.**



### **Helping you find the path to a secure financial future**

In a world of uncertainties, Sons of Norway is there to help you secure your financial future.

This year, Sons of Norway has launched a couple of great new products so call our **Financial Benefit Counselor Pat Kelly** for a complementary financial review.

Phone: 818-988-7199  
Cell: 818-667-6627  
Fax: 818-905-5785

## NORWEGIAN HERITAGE OPEN HOUSE

April 21, 2012

In lieu of a regular meeting our lodge hosted a special event to showcase our heritage and wares. We prepared a variety of authentic open faced sandwiches, homemade cookies and *krumkake* made on site.

Many members brought their Norwegian articles and collectibles to display. We had *hardanger* and *bunads* as well as sweaters from Norway. One table was dedicated to crafts which were enjoyed by young and old. Pat Kelly brought insurance information as well as general information and handouts about Norway. We also hosted about 10 visitors and guests who came to celebrate our culture with us. It was a lovely afternoon.

Respectfully submitted,

Barbara Shepard - Secretary

## A Bit of Humor. . .

### Norwegian Bungee Jumpers

Ole and Sven are bungee-jumping one day. Ole says to Sven, "You know, we could make a lot of money running our own bungee

jumping service in Mexico. They don't have it there."

Ole thinks this is a great idea, so they pool their money and buy everything they'll need; a tower, an elastic cord, insurance, etc.

They travel to Mexico and begin to set up on the square. As they are constructing the tower, a crowd begins to assemble. Slowly, more and more people gather to watch them at work. When they had finished, there was such a crowd they thought it would be a good idea to give a demonstration.

So Sven jumps. He bounces at the end of the cord, but when he comes back up Ole notices that he has a few cuts and scratches. Unfortunately, Ole isn't able to catch him, and he falls again, bounces and comes back up again.

This time, he is bruised and bleeding. Again Ole misses him. Sven falls again and bounces back up.

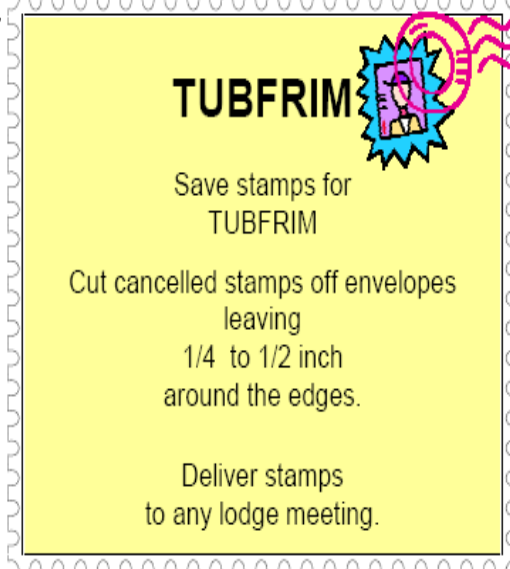
This time he comes back pretty messed up, he's got a couple of broken bones and is almost unconscious.

Luckily, Ole finally catches him this time and says, "What happened? Was the cord too long?"

Barely able to speak, Sven gasps, "No, the Bungee cord was fine. It was the crowd.

What the hell is a piñata?

**Bring your clipped stamps to our next Lodge meeting. Cleone is collecting them for us.**



### 2012 Officers

President:	Troann M. Loy	(714) 963-4830
Vice President:	Vanessa Lion	(949) 310-6063
Secretary:	Barbar Shepard	(714) 962-5857
Membership Secretary:	Cleone Hatwan	(562) 633-6752
Editor:	Troann M. Loy	(714) 963-4830
Cultural Director	Dee Ronning	(562) 490-0801
Historian	Dee Ronning	(562) 490-0801
Musician:	Judy Bohlen	
Counselor:	Herman Holt	
Greeter:	Jeanne Holt	
Marshall:	Phillip Knudsen	(562) 424-1384
Social Director:	Vacant	
Trustees:	Dee Ronning	(562) 490-0801
	Herman Holt	
Auditor:	Patricia Lampe	

## Norwegian Experience 2012

Once again Sons of Norway is partnering with Borton Overseas to offer one lucky recruiter and their guest an amazing travel experience in Norway! All year, every Sons of Norway member who recruits a new, dues-paying member will be entered into the 2012 Norwegian Experience Recruitment Contest.

The trip, which will be awarded in January of 2013, will include airfare, meals, exclusive travel opportunities and upscale accommodations! Just imagine taking a 10 day land-tour of Norway enjoying some of the most beautiful scenery that Scandinavia has to offer! The best part is that the winner gets to choose their own adventure! Whether you prefer an active trip full of sight-seeing and touring, or a more laid-back vacation, it's up to you! To enter this year's Norwegian Experience Recruitment Contest all you have to do is recruit one new, dues-paying member and make sure your name is listed in the "Referred By" field. It's as easy as that! Entries are taken from members recruited between January 1st and December 31st, 2012. Also, remember that you can enter as many times as you recruit throughout the year, which increases your chances of winning!



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### *Save the Date*

**September 28-30**

Southern California Kretsstevne –

SCK New Southern California Kretsstevne Viking Adventure to include a day at Norge Lodge's Viking Festival in Vista.

Inexpensive accommodations at a nearby hotel, Lapskaus and Bingo, a day at the Viking Festival, Saturday night Tri-Tip dinner, folk dancing and song, side trips, and earn your first bar for the music unit of the Cultural Skills program.

# 17th of May Celebration



198th Anniversary of the Signing of the  
Norwegian Constitution at Eidsvoll in 1814.



**May 17, 2012**  
**El Dorado Country Club**  
**2400 Studebaker Rd.**  
**Long Beach, California**  
**11 A.M.—2 P.M.**  
**LUNCHEON**



## MASTER OF CEREMONIES

**Ordale Johnson**  
**Zone 5 Director**

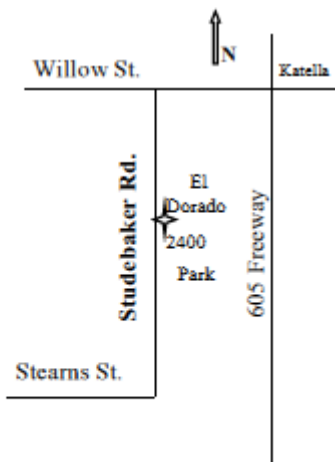
### Flag Presentation by:

**Ron Carlson, SOLBAKKEN #64**  
**Troann Loy, FRIDTJOF NANSEN #9**

## SPEAKERS:

**Pastor Jim Bessey**  
**Christ Lutheran Church**  
**Long Beach, CA**

**Arne Rustang**  
**Solbakken Lodge #64**



Lunch: \$18.00 choice of menu

### Send reservations to:

Herman Holt  
3522 Kalin Ave.  
Long Beach, CA 90808  
562-429-7638

**By May 10, 2012**

**Make check payable to:**  
**"Fridtjof Nansen Lodge"**

**Wear your bunad!**



# CELEBRATE MEMORIAL DAY

May 26, 27, 38, 2012  
at CAMP NORGE

The Recreation Center Board welcomes you to Camp Norge for a three-day camping experience at your own recreation center. If you do not have a tent or RV, call the Manager at (530) 389-2508 for a room.



We will have food service for you for the weekend served from the new Heritage Hall. The swimming pool will be open. The horseshoe pit is available. There will be a Craft Fair on Saturday afternoon and meadow games on Sunday afternoon. Explore the area on your own or just relax and enjoy the beauty of nature. This is a great opportunity to really get to know your fellow District 6 lodge members.

***For Menus and Events for the weekend, go to this website—[www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)***

***PRE-REGISTRATION OF YOUR MEALS IS NECESSARY TO ALLOW US TO PURCHASE THE CORRECT AMOUNT OF FOOD.***

**Registration Deadline:** May 18 2012. (Make check payable to **Camp Norge**)  
**Mail this form & check to:** Carl P. Ingvaldstad, 17207 Squirrelhill Rd.,  
Hidden Valley Lake, CA 95467

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## MEMORIAL DAY WEEKEND 2012

Name: \_\_\_\_\_ Lodge: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

### Meals you wish to purchase:

Saturday Breakfast Adult(s)	_____ x \$ 4.00 \$ _____	Children _____ x \$2.00 \$ _____
Saturday Lunch Adult(s)	_____ x \$ 5.00 \$ _____	Children _____ x \$2.50 \$ _____
Saturday Dinner Adult(s)	_____ x \$10.00 \$ _____	Children _____ x \$5.00 \$ _____
Sunday Breakfast Adult(s)	_____ x \$ 4.00 \$ _____	Children _____ x \$2.00 \$ _____
Sunday Lunch Adult(s)	_____ x \$ 5.00 \$ _____	Children _____ x \$2.50 \$ _____
Sunday Dinner Adult(s)	_____ x \$10.00 \$ _____	Children _____ x \$5.00 \$ _____
Monday Breakfast Adult(s)	_____ x \$ 4.00 \$ _____	Children _____ x \$2.00 \$ _____

## ***A Bit More Humor***

So, Ole leaves Duluth to get a job as a chauffer driving a huge limosine in New York City. The Pope arrives at the airport and Ole picks him up. The Pope wants to do the driving. Ole says that's against company rules, but eventually gives in. The Pope is a terrible driver, he goes up on the sidewalk, he doesn't stop to pay the parking lot toll, it isn't three minutes before a policeman pulls him over. The policeman sees right away that he has a problem on how to hand out the ticket, so he calls his supervisor down at the station & says "I need help in how to give a ticket to someone here who's really important." "Is it the Mayor?" "No, more important than the Mayor?" "Is it the Senator?" "No, more important than the Senator." "Well, then who is it?" Policeman says "I'm not sure. I don't recognize him, but he's got the Pope driving for him."



### ***“DISCOVER YOUR INNER TROLL”***

Don't miss out on the District Six

### **FOLK ART EXHIBITION AND COMPETITION**

District Six Lodge Meeting & Convention

June 6-9, 2012 in Mesa, AZ

For information and entry form see

[www.sofn6.com/convention/2012/index.html](http://www.sofn6.com/convention/2012/index.html)

or ask your lodge president

## ***www.fridtjofnansenlodge.com***

### **GREAT NEWS!**

We have a website for the Lodge. It is up and running thanks to a lot of hard work by Roni Lion and Troann Loy.

**[www.fridtjofnansenlodge.com](http://www.fridtjofnansenlodge.com)**

Check it out and let us know what you think.

## ***Camp Norge***

Sons of Norway Recreation Center  
2560 Canyon Mine Road (P.O. Box 622)

Alta, CA 95701

Telephone: 530-389-2508

[campnorge@yahoo.com](mailto:campnorge@yahoo.com)

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Remember! We are collecting our pennies for Camp Norge. Bring your pennies to the next lodge meeting. The Holts will be collecting your pennies every month.

**“17de. Mai at NANSEN FIELD”, Rolling Hills, Ca.  
Sunday May 20, 2012**

**9.30 am.** Gates open **(NOTE: Coffee, waffles, etc. will be available...!!)**

**10.50 am.** Flag hoisting ceremony.

Hoisting of American and Norwegian flags and singing of national anthems accompanied by the band from either “San Pedro High School” or “Torrance High School”.

**11.00 am.** Norwegian ‘open-air’ church service conducted by Pastor Line Kvalvaag.

**11.30 am (approx.)** Speeches (‘Tale for Dagen’) and greetings by our Norwegian Hon. Consul of Los Angeles, Michael Soroy, by leaders of the 17<sup>th</sup>. of May Committee and ‘SCAN’.

**12.00 pm.** “Folke-Tog” parade, accompanied by band around the football (soccer) field, lead by Norwegian and other dignitaries carrying Norwegian and American flags, followed by families and friends waving Norwegian flags and yelling “Heia, Heia” or “Hurra for Syttende Mai” ..!!

**12.00 pm.** Coffee, ‘wienerbrod’, waffles and open-faced sandwiches served.

Other booths serving hot foods: Maybe lapskaus, medisterpoelse or other Norwegian sausage, hamburgers, etc. Soft drinks, including “SOLO’ orange drink, etc. Local and imported beer.

**1.00 pm. (approx.)** Entertainment for children followed by games for children on football field.

**2.30 pm. (approx)** Football match arranged by Sportsklubben FRAM.

NOTE: Event officially organized by SNI (Seamen of Norway, Inc.).

**“17de. Mai” at the ‘Norwegian Seamen’s Church’**

[1035 S. Beacon St., San Pedro, Ca. 90731.]

**Thursday May 17, 2012**

**5 pm.** – “17<sup>th</sup>. of May celebration at the Church. Sale of sausages (polser) and cakes, ‘17<sup>th</sup> of May’ parade, speeches and games for the entire family. Put on your ‘gala’ apparel (bunads, etc.), bring your flag and join the festivities! Norwegian goods such as ‘Freia’ chocolates and ‘Solo’ will be served!

You may follow on details of this event by entering You may follow on details of this event by entering ([www.sjomannskirken.no/losangeles](http://www.sjomannskirken.no/losangeles))

VELKOMMEN!



## ***Surprising Discoveries at the Birthplace of Norway's Constitution***

Norway's historic manor house and site of the May 17, 1814 signing of the constitution was just recently the site of a few remarkable new discoveries.

In an effort to restore *Eidsvollbygningen* and its grounds to their original appearance for bicentennial festivities in 2014, the Norwegian government is funding an extensive NOK 361 million renovation of the site. Renovations ground to a halt in February when workers uncovered a well and beautifully laid brick floor while digging in the building's cellar. Conservationists and archaeologists have dated the flooring back to 1770, when the current building was constructed on the site of home destroyed by fire. Further digging in the cellar has also revealed an original natural stone floor, believed to belong to the previous home in 1686. Other items discovered include stone benches and shelves. "Until now, this cellar was used for storage, and this 'inner filet' pops up. These discoveries offer a good picture of how life was for those working in the house during constitutional deliberations. Servants ran over these floors, in and out, with food and drink for the Eidsvoll men," said Erik Jondell, director of the organization in charge of the building.



Included in the village of Eidsvoll Verk, the area was originally part of Eidsvoll Iron Works in the early 1600s. In approximately 1770, the iron works' current owner Carsten Anker built *Eidsvollbygningen* to be one of the country's most modern and luxurious private residences, modelling it after French and Danish architecture. In 1823, *Eidsvollbygningen* and Eidsvoll Verk were sold at auction. Less than 15 years later, the house was declared Norway's first national monument and eventually purchased by the state in 1851.

To learn more about *Eidsvollbygningen* or to tour the house virtually, visit [www.eidsvoll1814.no/](http://www.eidsvoll1814.no/) A digital museum of many of the house's historical items can also be viewed at <http://digitaltmuseum.no/info/owners/EM>

## ***Norway's Population Hits 5 Million***

On Monday, March 19th, Norway's population officially reached the 5 million mark. Boosted by record-high growth rates, statisticians believe Norway's population increase is largely due to three factors, high fertility rate, a strong economy, and a stable democracy, making it a desirable location for immigrants.

Historically, Norway has suffered a few setbacks in population growth. Notably, the Black Plague years of the mid 1300s, when 60% of Norway's population died and in the mid to late 1800s, when a significant number of Norwegians emigrated to the U.S. It wasn't until the 1940s and later in 1975 that Norway surpassed the three and four million mark.

Contrary to 160 years ago when Norway was losing much of its population to emigration, Norway's recent population boom is mostly due to immigration. In 2011, data collected by Statistics Norway (SSB), indicated that immigrants accounted for 71% of Norway's growth in the past year, with the bulk of immigrants hailing from Poland, Sweden and Pakistan.

SSB researchers also say it is likely that longer life spans, increased fertility rates and a rise in paid maternity and paternity leave have also had a larger effect on Norway's recent population growth.

*Adapted from various sources*

**ENJOY YOUR MEMORIAL DAY.  
TAKE TIME TO REMEMBER  
OUR MEN AND WOMEN WHO  
GAVE THEIR LIVES FOR OUR  
COUNTRY AND OUR FREEDOM.  
MAY THEY KNOW THEIR  
SACRIFICE WAS NOT IN  
VAIN. TUSEN TAKK TO THEM  
AND THEIR FAMILIES.**



**JOIN US MAY 19<sup>TH</sup> AT 12:30PM FOR A  
POTLUCK LUNCHEON FOLLOWED BY A  
SLIDE SHOW OF NORWAY.  
JOIN US FOR A FUN LODGE MEETING.**



**SONS OF  
NORWAY**

Fridtjof Nansen #6-009 Long Beach, CA  
[www.sofn6.com](http://www.sofn6.com)

First Class

Troann Mortensen Loy  
9062 Kahului Dr.  
Huntington Beach, CA 92646  
[tm4rb@yahoo.com](mailto:tm4rb@yahoo.com)

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